

# Cadbury Commons

# September 2020

# Community Programs

SUN	MON	TUES	WED	THURS	FRI	SAT
	<p><b>Spiritual Support</b> =violet typeface</p> <p><b>Creative Expression</b> = green typeface</p> <p><b>Physical Fitness:</b> = red typeface</p> <p><b>Brain Fitness:</b> = blue typeface</p> <p><b>Entertainers</b> = BOLD typeface</p>	<p><b>Happy Birthday</b></p> <p>Gaby – 9/7</p> <p>Joan – 9/8</p> <p>Judy – 9/20</p> <p>Marion – 9/25</p>				<p><b>12</b></p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>2:00 Creative Movement with Caitlin</p>
<p><b>13</b></p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>10:30 Guided Meditation</p> <p>2:00 Expressive Arts with Caitlin</p>	<p><b>14</b></p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>10:30 Scattergories</p> <p>2:00 NY Times Crossword</p> <p>3:00 Ukulele Singalong</p>	<p><b>15</b></p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>10:30 Pictionary</p> <p>2:00 Afternoon Exercise</p> <p>3:00 Poker for Beginners</p>	<p><b>16</b></p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>10:30 Trivia Questions</p> <p>2:00 Choral Singing!</p> <p>3:00 Painting with Michelle</p>	<p><b>17</b></p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>10:30 Outburst</p> <p>2:00 Literature Out Loud</p> <p>3:00 Bingo! with Prizes!</p>	<p><b>18 Rosh Hashanah Begins</b></p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>10:30 Morning Crossword</p> <p>2:00 Guitar Music with Michelle</p> <p>3:00 Group Discussion</p>	<p><b>19</b></p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>2:00 Creative Movement with Caitlin</p>
<p><b>20</b></p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>10:30 Guided Meditation</p> <p>2:00 Expressive Arts with Caitlin</p>	<p><b>21</b></p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>10:30 Scattergories</p> <p>2:00 NY Times Crossword</p> <p>3:00 Ukulele Singalong</p>	<p><b>22 Autumn Begins</b></p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>10:30 Pictionary</p> <p>2:00 Afternoon Exercise</p> <p>3:00 Poker for Beginners</p>	<p><b>23</b></p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>10:30 Trivia Questions</p> <p>2:00 Choral Singing!</p> <p>3:00 Painting with Michelle</p>	<p><b>24</b></p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>10:30 Outburst</p> <p>2:00 Literature Out Loud</p> <p>3:00 Bingo! with Prizes!</p>	<p><b>25</b></p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>10:30 Morning Crossword</p> <p>2:00 Guitar Music with Michelle</p> <p>3:00 Group Discussion</p>	<p><b>26</b></p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>2:00 Creative Movement with Caitlin</p>