

Cadbury Commons

March 2021

Community Programs

SUN	MON	TUES	WED	THURS	FRI	SAT
	<p><u>Spiritual Support</u> =violet typeface</p> <p><u>Creative Expression</u> = green typeface</p> <p><u>Physical Fitness:</u> = red typeface</p> <p><u>Brain Fitness:</u> = blue typeface</p> <p><u>Entertainers</u> = BOLD typeface</p>	<p><u>Happy Birthday</u></p> <p>Malcolm – 3/3</p> <p>May Ruth – 3/5</p> <p>David S. – 3/10</p> <p>Tom – 3/14</p> <p>Herb – 3/18</p> <p>Dick – 3/29</p>				<p>27 Full “Snow” Moon</p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>2:00 Creative Movement with Caitlin</p>
<p>28</p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>10:30 Guided Meditation</p> <p>2:00 Expressive Arts with Caitlin</p>	<p>1</p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>10:30 Scattergories</p> <p>2:00 NY Times Crossword</p> <p>3:00 Ukulele Singalong</p>	<p>2</p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>10:30 Pictionary</p> <p>2:00 Resident Forum Meeting</p> <p>3:00 Poker for Beginners</p>	<p>3</p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>10:30 Trivia Questions</p> <p>2:00 Choral Singing!</p> <p>3:00 Current Events</p>	<p>4</p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>10:30 Outburst</p> <p>2:00 Literature Out Loud</p> <p>3:00 Bingo! with Prizes!</p>	<p>5</p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>10:30 Morning Crossword</p> <p>2:00 Guitar Music with Michelle</p> <p>3:00 Group Discussion</p>	<p>6</p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>2:00 Creative Movement with Caitlin</p>
<p>7</p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>10:30 Guided Meditation</p> <p>2:00 Expressive Arts with Caitlin</p>	<p>8</p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>10:30 Scattergories</p> <p>2:00 NY Times Crossword</p> <p>3:00 Ukulele Singalong</p>	<p>9</p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>10:30 Pictionary</p> <p>2:00 Afternoon Exercise</p> <p>3:00 Poker for Beginners</p>	<p>10</p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>10:30 Trivia Questions</p> <p>2:00 Choral Singing!</p> <p>3:00 Current Events</p>	<p>11</p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>10:30 Outburst</p> <p>2:00 Literature Out Loud</p> <p>3:00 Bingo! with Prizes!</p>	<p>12</p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>10:30 Morning Crossword</p> <p>2:00 Guitar Music with Michelle</p> <p>3:00 Group Discussion</p>	<p>13</p> <p>10:00 Morning Stretch ft. Matter of Balance</p> <p>2:00 Creative Movement with Caitlin</p>