

# Morningside Activities Calendar

## April 2022



SUN	MON	TUES	WED	THURS	FRI	SAT
<b>1</b> 9:00 Walk N Roll 9:30 Current Events <b>10:00 Live Folk Music</b> 11:00 Daily Chronicle 1:30 Bingo & Mont 2:30 Snack & Hydrate 2:45 Dance Doc & Mont. 3:15 Afternoon Stretch 4:45 I Love Lucy 4:00 Spa/ Music Hr 6:30 Evening Film	<b>2</b> 8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:00 Daily Chronicle <b>10:30 Chaboom</b> 1:30 Floor Game / Mani 2:30 Snack & Hydrate 2:45 Music Doc & Mont. 3:15 Montessori kits 4:00 Music Meditation 6:30 Evening Film	<b>3</b> 8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Collective Cooking / Gardening 2:30 Snack & Hydrate 2:45 Trivia w/ Michelle 3:15 Walk N Roll 1 on 1 <b>4:00 Live Music w/ Michelle</b> 6:30 Evening Film	<b>4</b> 9:00 Walk N Roll 9:30 Current Events 10:00 Ball Toss <b>10:30 Music Therapy</b> 1:30 Daily Chronicle 1:30 Afternoon Stretch 2:30 Snack & Hydrate / <b>Live music w/ Michelle</b> 2:45 Animal Doc & Mont. 3:15 Poetry / Ball toss 4:00 Music Hour / Spa 6:30 Evening Film	<b>5</b> 8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Bingo / Mont. Kits 2:30 Snack & Hydrate 2:45 Music Doc. & Mont. 3:15 Virtual Concert / Walk N Roll 1 on 1 4:00 Montessori Kits 6:30 Evening Film	<b>6</b> 9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour <b>10:30 Chaboom</b> 11:00 Daily Chronicle 1:30 Mani & Floor Game <b>2:30 Live music w/ Michelle</b> 2:30 Snack & Hydrate 2:45 Animal Doc. & Mont. 3:30 Creative Movement 4:30 Ballet Viewing <b>6:30 Evening Film</b>	<b>7</b> 9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Creative Movement 11:00 Daily Chronicle 1:30 Expressive Art 2:30 Snack & Hydrate 2:45 Doc. & Mont. 3:00 Ballet Viewing 4:00 Documentary <b>6:30 Evening Film</b>
<b>8</b> 9:00 Walk N Roll 9:30 Current Events <b>10:00 Live Folk Music</b> 11:00 Daily Chronicle 1:30 Bingo & Mont 2:30 Snack & Hydrate 2:45 Dance Doc & Mont. 3:15 Afternoon Stretch 4:45 I Love Lucy 4:00 Spa/ Music Hr 6:30 Evening Film	<b>9</b> 8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:00 Daily Chronicle <b>10:30 Chaboom</b> 1:30 Floor Game / Mani 2:30 Snack & Hydrate 2:45 Music Doc & Mont. 3:15 Montessori kits 4:00 Music Meditation 6:30 Evening Film	<b>10</b> 8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Collective Cooking / Gardening 2:30 Snack & Hydrate 2:45 Trivia w/ Michelle 3:15 Walk N Roll 1 on 1 <b>4:00 Live Music w/ Michelle</b> 6:30 Evening Film	<b>11</b> 9:00 Walk N Roll 9:30 Current Events 10:00 Ball Toss <b>10:30 Music Therapy</b> 1:30 Daily Chronicle 1:30 Afternoon Stretch 2:30 Snack & Hydrate / <b>Live music w/ Michelle</b> 2:45 Animal Doc & Mont. 3:15 Poetry / Ball toss 4:00 Music Hour / Spa 6:30 Evening Film	<b>12</b> 8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Bingo / Mont. Kits 2:30 Snack & Hydrate 2:45 Music Doc. & Mont. 3:15 Virtual Concert / Walk N Roll 1 on 1 4:00 Montessori Kits 6:30 Evening Film	<b>13</b> 9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour <b>10:30 Chaboom</b> 11:00 Daily Chronicle 1:30 Mani & Floor Game <b>2:30 Live music w/ Michelle</b> 2:30 Snack & Hydrate 2:45 Animal Doc. & Mont. 3:30 Creative Movement 4:30 Ballet Viewing <b>6:30 Evening Film</b>	<b>14</b> 9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Creative Movement 11:00 Daily Chronicle 1:30 Expressive Art 2:30 Snack & Hydrate 2:45 Doc. & Mont. 3:00 Ballet Viewing 4:00 Documentary 6:30 Evening Film
<b>15</b> 9:00 Walk N Roll 9:30 Current Events <b>10:00 Live Folk Music</b> 11:00 Daily Chronicle 1:30 Bingo & Mont 2:30 Snack & Hydrate 2:45 Dance Doc & Mont. 3:15 Afternoon Stretch 4:45 I Love Lucy 4:00 Spa/ Music Hr 6:30 Evening Film	<b>16</b> 8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:00 Daily Chronicle <b>10:30 Chaboom</b> 1:30 Floor Game / Mani 2:30 Snack & Hydrate 2:45 Music Doc & Mont. 3:15 Montessori kits 4:00 Music Meditation <b>6:30 Evening Film</b>	<b>17</b> 8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Collective Cooking / Gardening 2:30 Snack & Hydrate 2:45 Trivia w/ Michelle 3:15 Walk N Roll 1 on 1 <b>4:00 Live Music w/ Michelle</b> 6:30 Evening Film	<b>18</b> 9:00 Walk N Roll 9:30 Current Events 10:00 Ball Toss <b>10:30 Music Therapy</b> 1:30 Daily Chronicle 1:30 Afternoon Stretch 2:30 Snack & Hydrate / <b>Live music w/ Michelle</b> 2:45 Animal Doc & Mont. 3:15 Poetry / Ball toss 4:00 Music Hour / Spa 6:30 Evening Film	<b>19</b> 8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour <b>10:30 Live Tap Dance</b> 11:00 Daily Chronicle 1:30 Bingo / Mont. Kits 2:30 Snack & Hydrate 3:15 Virtual Concert / Walk N Roll 4:00 Montessori Kits <b>6:30 Evening Film</b>	<b>20</b> 9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour <b>10:30 Chaboom</b> 11:00 Daily Chronicle 1:30 Mani & Floor Game <b>2:30 Live music w/ Michelle</b> 2:30 Snack & Hydrate 2:45 Animal Doc. & Mont. 3:30 Creative Movement 4:30 Ballet Viewing <b>6:30 Evening Film</b>	<b>21</b> 9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Creative Movement 11:00 Daily Chronicle <b>1:30 Live Concert</b> 2:30 Snack & Hydrate 2:45 Doc. & Mont. 3:00 Ballet Viewing 4:00 Documentary <b>6:30 Evening Film</b>

# Morningside Activities Calendar

# April 2022

SUN	MON	TUES	WED	THURS	FRI	SAT
<p><b>22</b>            9:00 Walk N Roll            9:30 Current Events  <b>10:00 Live Folk Music</b>            11:00 Daily Chronicle            1:30 Bingo &amp; Mont            2:30 Snack &amp; Hydrate            2:45 Dance Doc &amp; Mont.            3:15 Afternoon Stretch            4:45 I Love Lucy            4:00 Spa/ Music Hr            6:30 Evening Film</p>	<p><b>23</b>            8:30 Walk N Roll            9:30 Current Events            10:00 Music Hour            10:00 Daily Chronicle  <b>10:30 Chaboom</b>            1:30 Floor Game / Mani            2:30 Snack &amp; Hydrate            2:45 Music Doc &amp; Mont.            3:15 Montessori kits            4:00 Music Meditation  <b>6:30 Evening Film</b></p>	<p><b>24</b>            8:30 Walk N Roll            9:30 Current Events            10:00 Music Hour            10:30 Morning Stretch            11:00 Daily Chronicle            1:30 Collective Cooking / Gardening            2:30 Snack &amp; Hydrate            2:45 Trivia w/ Michelle            3:15 Walk N Roll 1 on 1  <b>4:00 Live Music w/ Michelle</b>            6:30 Evening Film</p>	<p><b>25</b>            9:00 Walk N Roll            9:30 Current Events            10:00 Ball Toss  <b>10:30 Music Therapy</b>            1:30 Daily Chronicle            1:30 Afternoon Stretch            2:30 Snack &amp; Hydrate /  <b>Live music w/ Michelle</b>            2:45 Animal Doc &amp; Mont.            3:15 Poetry / Ball toss            4:00 Music Hour / Spa            6:30 Evening Film</p>	<p><b>26</b>            8:30 Walk N Roll            9:30 Current Events            10:00 Music Hour            10:30 Morning Stretch /            11:00 Daily Chronicle            1:30 Bingo / Mont. Kits            2:30 Snack &amp; Hydrate            2:45 Music Doc. &amp; Mont.            3:15 Virtual Concert / Walk            N Roll 1 on 1            4:00 Montessori Kits  <b>6:30 Evening Film</b></p>	<p><b>27</b>            9:00 Walk N Roll            9:30 Current Events            10:00 Music Hour  <b>10:30 Chaboom</b>            11:00 Daily Chronicle            1:30 Mani &amp; Floor Game  <b>2:30 Live music w/ Michelle</b>            2:30 Snack &amp; Hydrate            2:45 Animal Doc. &amp; Mont.            3:30 Creative Movement            4:30 Ballet Viewing  <b>6:30 Evening Film</b></p>	<p><b>28</b>            9:00 Walk N Roll            9:30 Current Events            10:00 Music Hour            10:30 Creative Movement            11:00 Daily Chronicle            1:30 Expressive Art            2:30 Snack &amp; Hydrate            2:45 Doc. &amp; Mont.            3:00 Ballet Viewing  <b>3:30 Live Music with Joel</b>            4:00 Documentary  <b>6:30 Evening Film</b></p>
<p><b>29</b>            9:00 Walk N Roll            9:30 Current Events  <b>10:00 Live Folk Music</b>            11:00 Daily Chronicle            1:30 Bingo &amp; Mont            2:30 Snack &amp; Hydrate            2:45 Dance Doc &amp; Mont.            3:15 Afternoon Stretch            4:45 I Love Lucy            4:00 Spa/ Music Hr            6:30 Evening Film</p>	<p><b>30</b>            8:30 Walk N Roll            9:30 Current Events            10:00 Music Hour            10:00 Daily Chronicle  <b>10:30 Chaboom</b>            1:30 Floor Game / Mani            2:30 Snack &amp; Hydrate            2:45 Music Doc &amp; Mont.            3:15 Montessori kits            4:00 Music Meditation  <b>6:30 Evening Film</b></p>	<p><b>31</b>            8:30 Walk N Roll            9:30 Current Events            10:00 Music Hour            10:30 Morning Stretch            11:00 Daily Chronicle            1:30 Collective Cooking / Gardening            2:30 Snack &amp; Hydrate            2:45 Trivia w/ Michelle            3:15 Walk N Roll 1 on 1  <b>4:00 Live Music w/ Michelle</b>            6:30 Evening Film</p>	<p><b>Spiritual Support = Purple typeface</b></p> <p><b>Creative Expression = Green typeface</b></p> <p><b>Physical Fitness = Red typeface</b></p> <p><b>Brain Fitness = Blue typeface</b></p> <p><b>Entertainment / Movie = Black typeface</b></p>	<p><b>Happy Birthday</b></p>  <p><b>Stephen C. 5/30</b></p>		