

Cadbury Commons

September 2022

Community Programs

SUN	MON	TUES	WED	THURS	FRI	SAT
	<p>Spiritual Support = violet typeface</p> <p>Creative Expression = green typeface</p> <p>Physical Fitness: = red typeface</p> <p>Brain Fitness: = blue typeface</p> <p>Entertainers = BOLD typeface</p>	<p>Happy Birthday</p> <p>Gaby – 9/7</p> <p>Judy – 9/20</p> <p>Marion – 9/25</p> <p>Ann G – 9/27</p>		<p>1</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Outburst</p> <p>10:30 <i>The Great Courses: Brain Myths Exploded</i></p> <p>1:30 Outdoor Walking Group</p> <p>3:30 Bingo! with Prizes!</p> <p>6:30 Evening Film: <i>Hail, Caesar!</i> (2016)</p>	<p>2</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Morning Crossword</p> <p>10:30 Creative Movement with Caitlin</p> <p>1:30 Afternoon Exercise with Forever Fit</p> <p>2:30 Music with Michelle</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>Working Girl</i> (1988)</p>	<p>3</p> <p>10:00 Morning Stretch</p> <p>10:30 Short Story Review</p> <p>1:30 Current Events</p> <p>3:00 Expressive Arts</p> <p>6:30 Evening Film: <i>Legends of the Fall</i> (1994)</p>
<p>4</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Folk Music with Paul and Pam</p> <p>2:00 Literature Out Loud</p> <p>3:00 “Call the Midwife,” Season 6 Sp & S7e1</p> <p>6:30 Evening Film: <i>Amadeus</i> (1984)</p>	<p>5 LABOR DAY</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Wordle</p> <p>1:30 NY Times Crossword</p> <p>2:30 Afternoon Exercise with Forever Fit</p> <p>3:30 Singalong with Brian</p> <p>6:30 NO FILM FOR ELECTION DAY SETUP</p>	<p>6 Election Day – State Primary</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Pictionary</p> <p>10:30 Gentle Yoga</p> <p>2:00 Outdoor Gardening with Green City Growers</p> <p>3:00 Poker for Beginners</p> <p>6:30 NO FILM FOR ELECTION DAY</p>	<p>7</p> <p>9:30 Morning Stretch</p> <p>10:00 Trivia Questions</p> <p>10:30 Nature Documentary</p> <p>1:30 Live Popular Songs by Jeffrey Folmer</p> <p>2:30 Classical Music Listening</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>Gaslight</i> (1940)</p>	<p>8</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <hr/> <p>10:00 Building Evacuation Drill in the Dining Room</p> <hr/> <p>1:30 Outdoor Walking Group</p> <p>3:30 Bingo! with Prizes!</p> <p>6:30 Evening Film: <i>That’s Amor</i> (2022)</p>	<p>9</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Morning Crossword</p> <p>10:30 Guided Meditation Practice</p> <p>1:30 Afternoon Exercise with Forever Fit</p> <p>2:30 Music with Michelle</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>The Theory of Everything</i> (2014)</p>	<p>10 Full “Harvest” Moon</p> <p>10:00 Morning Stretch</p> <p>10:30 Show and Tell: Bring an interesting item and share</p> <p>1:30 Current Events</p> <p>3:00 Expressive Arts</p> <p>6:30 Evening Film: <i>Dirty Rotten Scoundrels</i> (1988)</p>
<p>11 Patriot Day</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Folk Music with Bill Perry</p> <p>1:00 NFL Opening Game: Patriots at Dolphins</p> <p>6:30 Evening Film: <i>Purple Hearts</i> (2022)</p>	<p>12</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Wordle</p> <p>1:30 NY Times Crossword</p> <p>2:30 Afternoon Exercise with Forever Fit</p> <p>3:30 Singalong with Brian</p> <p>6:30 Evening Film: <i>Wild Mountain Thyme</i> (2020)</p>	<p>13</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Pictionary</p> <p>10:30 Gentle Yoga with Carabeth</p> <p>1:30 Resident Forum</p> <p>2:00 Outdoor Gardening with Green City Growers</p> <p>3:00 Boyd’s Documentary Film</p> <p>6:30 Evening Film: <i>Barefoot</i> (2014)</p>	<p>14</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Trivia Questions</p> <p>10:30 Nature Documentary</p> <p>1:30 Live Piano Music by Matt McCabe</p> <p>2:30 Classical Music Listening</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>Cat on a Hot Tin Roof</i> (1958)</p>	<p>15</p> <p>9:30 Morning Stretch</p> <p>10:00 Outburst</p> <p>10:30 <i>The Great Courses: Brain Myths Exploded</i></p> <p>1:30 Outdoor Walking Group</p> <p>3:30 Bingo! with Prizes!</p> <p>6:30 Evening Film: <i>Something’s Gotta Give</i> (2003)</p>	<p>16</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Morning Crossword</p> <p>10:30 Creative Movement with Caitlin</p> <p>1:30 Afternoon Exercise with Forever Fit</p> <p>2:30 Music with Michelle</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>From Here to Eternity</i> (1953)</p>	<p>17</p> <p>10:00 Morning Stretch</p> <p>10:30 Short Story Review</p> <p>1:30 Current Events</p> <p>3:00 Expressive Arts</p> <p>6:30 Evening Film: <i>Breaking the Bank</i> (2014)</p>

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<p>18 9:30 Morning Stretch ft. Matter of Balance 10:00 Folk Music with Paul and Pam 2:00 Literature Out Loud 3:00 "Call the Midwife," Season 7, ep 2&3 6:30 Evening Film: <i>Delirious</i> (1991)</p>	<p>19 9:30 Morning Stretch ft. Matter of Balance 10:00 Wordle 1:30 NY Times Crossword 2:30 Afternoon Exercise with Forever Fit 3:30 Singalong with Brian 6:30 Evening Film: <i>Strictly Ballroom</i> (1992)</p>	<p>20 9:30 Morning Stretch ft. Matter of Balance 10:00 Pictionary 10:30 Gentle Yoga with Carabeth 1:30 Food for Thought Meeting w/ Jeff 2:00 Outdoor Gardening with Green City Growers 3:00 Boyd's Documentary Film 6:30 Evening Film: <i>U.S. Marshals</i> (1988)</p>	<p>21 9:30 Morning Stretch ft. Matter of Balance 10:00 Trivia Questions 10:30 Nature Documentary 1:30 Visiting Therapy Dog, Myrtle the Pug 2:30 Classical Music Listening 3:30 Happy Hour! 6:30 Evening Film: <i>Blinded by the Light</i> (2019)</p>	<p>22 Autumn Begins 9:30 Morning Stretch ft. Matter of Balance 10:00 Outburst 10:30 <i>The Great Courses: Brain Myths Exploded</i> 1:30 Outdoor Walking Group 3:30 Bingo! with Prizes! 6:30 Evening Film: <i>Catch Me If You Can</i> (2002)</p>	<p>23 9:30 Morning Stretch ft. Matter of Balance 10:00 Morning Crossword 10:30 Guided Meditation Practice 1:30 Afternoon Exercise with Forever Fit 2:30 Music with Michelle 3:30 Happy Hour! 6:30 Evening Film: <i>West Side Story</i> (2021)</p>	<p>24 10:00 Morning Stretch 10:30 Non-Fiction Article 1:30 Current Events 3:00 Expressive Arts 6:30 Evening Film: <i>Murder on the Orient Express</i> (1974)</p>
<p>25 Rosh Hashanah Begins 9:30 Morning Stretch ft. Matter of Balance 10:00 Folk Music with Bill Perry 1:00 NFL Football: Patriots vs. Ravens 6:30 Evening Film: <i>Disobedience</i> (2017)</p>	<p>26 9:30 Morning Stretch ft. Matter of Balance 10:00 Wordle 1:30 NY Times Crossword 2:30 Afternoon Exercise with Forever Fit 3:30 Singalong with Brian 6:30 Evening Film: <i>Rachel, Rachel</i> (1968)</p>	<p>27 9:30 Morning Stretch ft. Matter of Balance 10:00 Pictionary 10:30 Gentle Yoga with Carabeth 1:30 Movie Selection Meeting 2:00 Outdoor Gardening with Green City Growers 3:00 Boyd's Documentary Film 6:30 Evening Film: <i>Persuasion</i> (2022)</p>	<p>28 9:30 Morning Stretch ft. Matter of Balance 10:00 Trivia Questions 10:30 Nature Documentary 1:30 Poker for Beginners 2:30 Classical Music Listening 3:30 Happy Hour! 6:30 Evening Film: <i>An Ideal Husband</i> (1999)</p>	<p>29 9:30 Morning Stretch ft. Matter of Balance 10:00 Outburst 10:30 <i>The Great Courses: Brain Myths Exploded</i> 1:30 Outdoor Walking Group 3:30 Bingo! with Prizes! 6:30 Evening Film: <i>La Strada</i> (1954)</p>	<p>30 9:30 Morning Stretch ft. Matter of Balance 10:00 Morning Crossword 10:30 Guided Meditation Practice 1:30 Afternoon Exercise with Forever Fit 2:30 Music with Michelle 3:30 Happy Hour! 6:30 Evening Film: <i>Eight Men Out</i> (1988)</p>	