


Morningside Activities Calendar

September 2022

| SUN | MON | TUES | WED | THURS | FRI | SAT |
|---|---|---|---|---|--|---|
|  | | <p>Spiritual Support = Purple typeface</p> <p>Creative Expression = Green typeface</p> <p>Physical Fitness = Red typeface</p> <p>Brain Fitness = Blue typeface</p> <p>Entertainment / Movie = Black typeface</p> | | <p>1</p> <p>8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Bingo / Mont. Kits 2:30 Snack & Hydrate 2:45 Music Doc. & Mont. 3:15 Virtual Concert / Walk N Roll 4:00 Montessori Kits 6:30 Evening Film</p> | <p>2</p> <p>9:00 Walk N Roll 9:45 Current Events 10:15 Daily Chronicle 10:30 Morning Stretch 1:30 Collective Cooking 2:00 Snack & Hydrate 2:15 Manicure & I love Lucy 2:30 Live Music with Michelle 2:45 Music Doc & Mont. 3:15 Montessori kits Coloring Sessions 4:00 Music Meditation 6:30 Evening Film</p> | <p>3</p> <p>9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:15 Ball Toss 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Sing Along 2:30 Snack & Hydrate 2:45 Doc. & Mont. 3:00 Documentary 4:00 Ballet Viewing 6:30 Evening Film</p> |
| <p>4</p> <p>9:00 Walk N Roll 9:30 Spiritual Time 10:00 Live Folk Music 11:00 Daily Chronicle 1:00 Grateful Sundays 1:30 Bingo & Mont 2:30 Snack & Hydrate 2:45 Dance Doc & Mont. 3:15 Afternoon Stretch 3:45 I Love Lucy 3:45 Walk N Roll 4:30 Spa/ Music Hr 6:30 Evening Film</p> | <p>5 Labor Day</p> <p>9:00 Walk N Roll 9:45 Current Events 10:15 Daily Chronicle 10:30 10:30 Music Therapy Sm. 1:30 Floor Game 2:00 Manicure & I love Lucy 2:30 Snack & Hydrate / 2:45 Music Doc & Mont. 3:30 Sing Along with Brian Montessori kits 4:00 Music Meditation 4:00 Walk N Roll 6:30 Evening Film</p> | <p>6</p> <p>8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Ballroom Dance 2:00 Gardening 2:30 Snack & Hydrate 2:45 Funny Babies 3:15 Walk N Roll 4:00 Live Music w/ Michelle 6:30 Evening Film</p> | <p>7</p> <p>9:00 Walk N Roll 9:45 Current Events 10:15 Ball Toss 10:30 Music Therapy (Sm) 10:30 Morning Stretch Daily Chronicle 1:30 Live Popular Songs By Jeffrey Folmer 2:30 Snack & Hydrate / Trivia w/ Michelle 2:45 Animal Doc & Mont. 3:15 Poetry Out Loud 3:45 Music Hour / 4:15 Spa 6:30 Evening Film</p> | <p>8</p> <p>8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Bingo / Mont. Kits 2:30 Snack & Hydrate 2:45 Music Doc. & Mont. 3:15 Virtual Concert / Crafts 4:00 Montessori Kits 6:30 Evening Film</p> | <p>9</p> <p>9:00 Walk N Roll 9:45 Current Events 10:15 Daily Chronicle 10:30 Morning Stretch 1:30 Collective Cooking 2:00 Snack & Hydrate 2:15 Manicure & I love Lucy 2:30 Live Music with Michelle 2:45 Music Doc & Mont. 3:15 Montessori kits Coloring Sessions 4:00 Music Meditation 6:30 Evening Film</p> | <p>10</p> <p>9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Creative Movement 11:00 Daily Chronicle 1:30 Expressive Art 2:30 Snack & Hydrate 2:45 Doc. & Mont. 3:30 Live Performance with Joel 4:00 Documentary 6:30 Evening Film</p> |
| <p>11</p> <p>9:00 Walk N Roll 9:30 Spiritual Time 10:00 Live Folk Music 11:00 Daily Chronicle 1:00 Grateful Sundays 1:30 Bingo & Mont 2:30 Snack & Hydrate 2:45 Dance Doc & Mont. 3:15 Afternoon Stretch 3:45 I Love Lucy 3:45 Walk N Roll 4:30 Spa/ Music Hr 6:30 Evening Film</p> | <p>12</p> <p>9:00 Walk N Roll 9:45 Current Events 10:15 Daily Chronicle 10:30 Chaboom 1:30 Floor Game 2:00 Manicure & I love Lucy 2:30 Snack & Hydrate / 2:45 Music Doc & Mont. 3:30 Sing Along with Brian 4:30 Coloring Therapy Walk N Roll 6:30 Evening Film</p> | <p>13</p> <p>8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Dog Therapy 2:00 Gardening 2:30 Snack & Hydrate 2:45 Trivia w/ Michelle 3:15 Walk N Roll 4:00 Live Music w/ Michelle 6:30 Evening Film</p> | <p>14</p> <p>9:00 Walk N Roll 9:45 Current Events 10:15 Ball Toss 10:30 Morning Stretch Daily Chronicle 1:30 Live Piano Music by Matt McCabe 2:30 Snack & Hydrate / Trivia w/ Michelle 2:45 Animal Doc & Mont. 3:15 Poetry Out Loud 3:45 Music Hour 4:15 Spa 6:30 Evening Film</p> | <p>15</p> <p>8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Bingo / Mont. Kits 2:30 Snack & Hydrate 3:15 Virtual Concert Walk N Roll 4:00 Montessori Kits 6:30 Evening Film</p> | <p>16</p> <p>9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 1:30 Collective Cooking 11:00 Daily Chronicle 1:30 Mani & Floor Game 2:30 Snack & Hydrate 2:30 Live Music with Michelle 2:45 Animal Doc. & Mont. 3:30 Creative Movement 4:30 Ballet Viewing 6:30 Evening Film</p> | <p>17</p> <p>9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:15 Ball Toss 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Sing Along 2:30 Snack & Hydrate 2:45 Doc. & Mont. 3:00 Documentary 4:00 Ballet Viewing 6:30 Evening Film</p> |

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|---|--|---|--|---|---|--|
| <p>18 9:00 Walk N Roll 9:30 Spiritual Time 10:00 Live Folk Music 11:00 Daily Chronicle 1:00 Grateful Sundays 1:30 Bingo & Mont 2:30 Snack & Hydrate 2:45 Dance Doc & Mont. 3:15 Afternoon Stretch 3:45 I Love Lucy 3:45 Walk N Roll 4:30 Spa/ Music Hr 6:30 Evening Film</p> | <p>19 9:00 Walk N Roll 9:45 Current Events 10:15 Daily Chronicle 10:30 Chaboom 10:30 Music Therapy Sm. 1:30 Floor Game 2:00 Manicure & I love Lucy 2:30 Snack & Hydrate / 2:45 Music Doc & Mont. 3:30 Sing Along with Brian Montessori kits 4:00 Music Meditation 4:00 Walk N Roll 6:30 Evening Film</p> | <p>20 8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Dog Therapy 2:30 Snack & Hydrate 2:45 Trivia w/ Michelle 3:15 Walk N Roll 4:00 Live Music w/ Michelle 6:30 Evening Film</p> | <p>21 9:00 Walk N Roll 9:45 Current Events 10:15 Ball Toss 10:30 Music Therapy Ig. Morning Stretch Daily Chronicle 1:30 Collective Cooking / Collective Crafts 2:30 Snack & Hydrate / Trivia w/ Michelle 2:45 Animal Doc & Mont. 3:15 Poetry Out Loud 3:45 Music Hour / 4:15 Spa 6:30 Evening Film</p> | <p>22 8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Bingo / Mont. Kits 2:30 Snack & Hydrate 2:45 Music Doc. & Mont. 3:15 Virtual Concert Walk N Roll 4:00 Montessori Kits 6:30 Evening Film</p> | <p>23 9:00 Walk N Roll 9:45 Current Events 10:15 Daily Chronicle 10:30 Morning Stretch 1:30 Collective Cooking 2:00 Snack & Hydrate 2:15 Manicure & I love Lucy 2:30 Live Music with Michelle 2:45 Music Doc & Mont. 3:15 Montessori kits Coloring Sessions 4:00 Music Meditation 6:30 Evening Film</p> | <p>24 9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:15 Ball Toss 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Sing Along 2:30 Snack & Hydrate 2:45 Doc. & Mont. 3:00 Documentary 6:30 Evening Film</p> |
| <p>25 9:00 Walk N Roll 9:30 Spiritual Time 10:00 Live Folk Music 11:00 Daily Chronicle 1:00 Grateful Sundays 1:30 Bingo & Mont 2:30 Snack & Hydrate 2:45 Dance Doc & Mont. 3:15 Afternoon Stretch 3:45 I Love Lucy 3:45 Walk N Roll 4:30 Spa/ Music Hr 6:30 Evening Film</p> | <p>26 9:00 Walk N Roll 9:45 Current Events 10:15 Daily Chronicle 10:30 Morning Stretch 1:30 Floor Game 2:00 Manicure & I love Lucy 2:30 Snack & Hydrate / 2:45 Music Doc & Mont. 3:30 Sing Along with Brian Montessori kits 4:00 Music Meditation 4:00 Walk N Roll 6:30 Evening Film</p> | <p>27 8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Dog Therapy 2:00 Gardening 2:30 Snack & Hydrate 2:45 Trivia w/ Michelle 3:15 Walk N Roll 4:00 Live Music w/ Michelle 6:30 Evening Film</p> | <p>28 9:00 Walk N Roll 9:45 Current Events 10:15 Ball Toss 10:30 Morning Stretch Daily Chronicle 1:30 Collective Cooking / Collective Crafts 2:30 Snack & Hydrate / Trivia w/ Michelle 2:45 Animal Doc & Mont. 3:15 Poetry Out Loud 3:45 Music Hour / 4:15 Spa 6:30 Evening Film</p> | <p>29 8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Bingo / Mont. Kits 2:30 Snack & Hydrate 2:45 Music Doc. & Mont. 3:15 Virtual Concert Walk N Roll 4:00 Montessori Kits 6:30 Evening Film</p> | <p>30 9:00 Walk N Roll 9:45 Current Events 10:15 Daily Chronicle 10:30 Morning Stretch 1:30 Collective Cooking 2:00 Snack & Hydrate 2:15 Manicure & I love Lucy 2:30 Live Music with Michelle 2:45 Music Doc & Mont. 3:15 Montessori kits Coloring Sessions 4:00 Music Meditation 6:30 Evening Film</p> | |