

Cadbury Commons

NOVEMBER 2021

Morningside Community Programs

SUN	MON	TUES	WED	THURS	FRI	SAT	
	<p>Spiritual Support = Purple typeface</p> <p>Creative Expression = Green typeface</p> <p>Physical Fitness = Red typeface</p> <p>Brain Fitness = Blue typeface</p> <p>Entertainment = Black typeface</p>	<p>1</p> <p>9:00 Walk N Roll 9:45 Current Events 10:15 Ball Toss 10:30 Morning Stretch Daily Chronicle 1:00 Music Trivia 1:30 Dog Therapy 2:30 Snack & Hydrate / 3:30 Walk N roll / I Love Lucy 4:00pm Live Music with Michelle 6:30 Evening Film</p>	<p>2</p> <p>9:00 Walk N Roll 9:45 Current Events 10:15 Ball Toss 10:30 Morning Stretch Sm gr Music Therapy Daily Chronicle 1:00 Collective Crafts 1:45 Walk N roll 2:30 Snack & Hydrate / Trivia w/ Michelle 3:30 Music Reminisce 4:00 AGT Dance Show 6:30 Evening Film</p>	<p>3</p> <p>9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 10:30 Ball Toss 1:30 BINGO 2:30 Snack & Hydrate 2:45 Animal Doc & Mont. 3:30 Afternoon Stretch 4:15 Music Reminisce 6:30 Evening Film</p>	<p>4</p> <p>9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Mani & Balloon Toss 2:30 Michelle Live 2:45 Snack & Hydrate 2:45 Doc. & Mont. 3:15 Coloring Hr. & Mont. 6:30 Evening Film</p>	<p>5</p> <p>9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Floor Game 2:30 Snack & Hydrate 2:45 Doc. & Mont. 3:00 Ballet Viewing 4:00 Documentary 6:30 Evening Film</p>	
	<p>6</p> <p>9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Live Folk Music 11:00 Daily Chronicle 1:30 Bingo & Mont 2:30 Snack & Hydrate 2:45 Dance Doc & Mont. 3:15 Afternoon Stretch 4:00 I Love Lucy 6:30 Evening Film</p>	<p>7</p> <p>8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:00 Daily Chronicle 10:30 Chaboom 1:00 Floor Game / 1:15 Manicures 2:30 Snack & Hydrate 2:45 Music Doc & Mont. 3:20 Coloring Hour / Puzzle 4:00 Music Meditation 6:30 Evening Film</p>	<p>8</p> <p>9:00 Walk N Roll 9:45 Current Events 10:15 Ball Toss 10:30 Morning Stretch Daily Chronicle 1:00 Music Trivia 1:30 Dog Therapy 2:30 Snack & Hydrate / 3:30 Walk N roll / I Love Lucy 4:00pm Live Music with Michelle 6:30 Evening Film</p>	<p>9</p> <p>9:00 Walk N Roll 9:45 Current Events 10:15 Ball Toss 10:30 Morning Stretch Daily Chronicle 1:00 Collective Crafts 1:45 Walk N roll 2:30 Snack & Hydrate / Trivia w/ Michelle 3:30 Music Reminisce 4:00 AGT Dance Show 6:30 Evening Film</p>	<p>10</p> <p>9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 10:30 Ball Toss 1:30 BINGO 2:30 Snack & Hydrate 2:45 Animal Doc & Mont. 3:30 Afternoon Stretch 4:15 Music Reminisce 6:30 Evening Film</p>	<p>11</p> <p>9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Mani & Balloon Toss 2:30 Michelle Live 2:45 Snack & Hydrate 2:45 Doc. & Mont. 3:15 Coloring Hr. & Mont. 6:30 Evening Film</p>	<p>12</p> <p>9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Floor Game 2:30 Snack & Hydrate 2:45 Doc. & Mont. 3:00 Ballet Viewing 4:00 Documentary 6:30 Evening Film</p>
	<p>13</p> <p>9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Live Folk Music 11:00 Daily Chronicle 1:30 Bingo & Mont 2:30 Snack & Hydrate 2:45 Dance Doc & Mont. 3:15 Afternoon Stretch 4:00 I Love Lucy 6:30 Evening Film</p>	<p>14</p> <p>8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:00 Daily Chronicle 10:30 Chaboom 1:00 Floor Game / 1:15 Manicures 2:30 Snack & Hydrate 2:45 Music Doc & Mont. 3:20 Coloring Hour / Puzzle 4:00 Music Meditation 6:30 Evening Film</p>	<p>15</p> <p>9:00 Walk N Roll 9:45 Current Events 10:15 Ball Toss 10:30 Morning Stretch Daily Chronicle 1:00 Music Trivia 1:30 Dog Therapy 2:30 Snack & Hydrate / 3:30 Walk N roll / I Love Lucy 4:00pm Live Music with Michelle 6:30 Evening Film</p>	<p>16</p> <p>9:00 Walk N Roll 9:45 Current Events 10:15 Ball Toss 10:30 Morning Stretch Daily Chronicle Lg gr Music Therapy 1:00 Collective Crafts 1:45 Walk N roll 2:30 Snack & Hydrate / Trivia w/ Michelle 3:30 Music Reminisce 4:00 AGT Dance Show 6:30 Evening Film</p>	<p>17</p> <p>9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 10:30 Ball Toss 1:30 Ballroom Dance Duet 2:30 Snack & Hydrate 2:45 Animal Doc & Mont. 3:30 Afternoon Stretch 4:15 Music Reminisce 6:30 Evening Film</p>	<p>18</p> <p>9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Mani & Balloon Toss 2:30 Michelle Live 2:45 Snack & Hydrate 2:45 Doc. & Mont. 3:15 Coloring Hr. & Mont. 6:30 Evening Film</p>	<p>19</p> <p>9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Floor Game 2:30 Snack & Hydrate 2:45 Doc. & Mont. 3:00 Ballet Viewing 4:00 Documentary 6:30 Evening Film</p>

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SUN	MON	TUES	WED	THURS	FRI	SAT
20 9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Live Folk Music 11:00 Daily Chronicle 1:30 Bingo & Mont 2:30 Snack & Hydrate 2:45 Dance Doc & Mont. 3:15 Afternoon Stretch 4:00 I Love Lucy 6:30 Evening Film	21 8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:00 Daily Chronicle 10:30 Chaboom 1:00 Floor Game / 1:15 Manicures 2:30 Snack & Hydrate 2:45 Music Doc & Mont. 3:20 Coloring Hour / Puzzle 4:00 Music Meditation 6:30 Evening Film	22 9:00 Walk N Roll 9:45 Current Events 10:15 Ball Toss 10:30 Morning Stretch Daily Chronicle 1:00 Music Trivia 1:30 Dog Therapy 2:30 Snack & Hydrate / 3:30 Walk N roll / I Love Lucy 4:00pm Live Music with Michelle 6:30 Evening Film	23 9:00 Walk N Roll 9:45 Current Events 10:15 Ball Toss 10:30 Morning Stretch Daily Chronicle 1:00 Collective Crafts 1:45 Walk N roll 2:30 Snack & Hydrate / Trivia w/ Michelle 3:30 Music Reminisce 4:00 AGT Dance Show 6:30 Evening Film	24 9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 10:30 Ball Toss 1:30 BINGO 2:30 Snack & Hydrate 2:45 Animal Doc & Mont. 3:30 Afternoon Stretch 4:15 Music Reminisce 6:30 Evening Film	25 9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Mani & Balloon Toss 2:30 Michelle Live 2:45 Snack & Hydrate 2:45 Doc. & Mont. 3:15 Coloring Hr. & Mont. 6:30 Evening Film	26 9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Floor Game 2:30 Snack & Hydrate 2:45 Doc. & Mont. 3:00 Ballet Viewing 3:30 Live Music with Joel 4:00 Documentary 6:30 Evening Film
27 9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Live Folk Music 11:00 Daily Chronicle 1:30 Bingo & Mont 2:30 Snack & Hydrate 2:45 Dance Doc & Mont. 3:15 Afternoon Stretch 4:00 I Love Lucy 6:30 Evening Film	28 8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:00 Daily Chronicle 10:30 Chaboom 1:00 Floor Game / 1:15 Manicures 2:30 Snack & Hydrate 2:45 Music Doc & Mont. 3:20 Coloring Hour / Puzzle 4:00 Music Meditation 6:30 Evening Film	29 9:00 Walk N Roll 9:45 Current Events 10:15 Ball Toss 10:30 Morning Stretch Daily Chronicle 1:00 Music Trivia 1:30 Dog Therapy 2:30 Snack & Hydrate / 3:30 Walk N roll / I Love Lucy 4:00pm Live Music with Michelle 6:30 Evening Film	30 9:00 Walk N Roll 9:45 Current Events 10:15 Ball Toss 10:30 Morning Stretch Daily Chronicle 1:00 Collective Crafts 1:45 Walk N roll 2:30 Snack & Hydrate / Trivia w/ Michelle 3:30 Music Reminisce 4:00 AGT Dance Show 6:30 Evening Film	NOVEMBER BIRTHDAY  DERIDRA C. 11/ 22		