

Cadbury Commons

January 2023

Morningside Community Programs

SUN	MON	TUES	WED	THURS	FRI	SAT
1 Happy Birthday Deborah 9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Live Folk Music 11:00 Daily Chronicle 1:30 Bingo & Mont 2:30 Snack & Hydrate 2:45 Dance Doc & Mont. 3:15 Afternoon Stretch 4:00 I Love Lucy 6:30 Evening Film	2 8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 11:00 Daily Chronicle 10:30 Chaboom 1:00 Floor Game / 1:15 Manicures 2:30 Snack & Hydrate 2:45 Music Doc & Mont. 3:20 Coloring Hour / Puzzle 4:00 Music Meditation 6:30 Evening Film	3 9:00 Walk N Roll 9:45 Current Events 10:15 Ball Toss 10:30 Morning Stretch 11:00 Daily Chronicle 1:00 Music Trivia / Dog Therapy 1:30 Collective Cooking 2:30 Snack & Hydrate / 3:30 Walk N roll / I Love Lucy 4:00pm Live Music with Michelle 6:30 Evening Film	4 9:00 Walk N Roll 9:45 Current Events 10:15 Ball Toss 10:30 Chaboom 11:00 Daily Chronicle 1:00 Collective Crafts 1:45 Walk N roll 2:30 Snack & Hydrate / Trivia w/ Michelle 3:30 Music Reminisce 4:00 AGT Dance Show 6:30 Evening Film	5 9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 10:30 Ball Toss 1:30 BINGO 2:30 Snack & Hydrate 2:45 Animal Doc & Mont. 3:30 Afternoon Stretch 4:15 Music Reminisce 6:30 Evening Film	6 9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:15 Manicures 1:30 Cat Pet Therapy 2:30 Michelle Live 2:45 Snack & Hydrate 2:45 Coloring Hr. & Mont. 3:30 Classic Concerts 4:15 Walk N Roll 6:30 Evening Film	7 9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Floor Game 2:30 Snack & Hydrate 2:45 Doc. & Mont. 3:00 Ballet Viewing 4:00 Documentary 6:30 Evening Film
8 9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Live Folk Music 11:00 Daily Chronicle 1:30 Bingo & Mont 2:30 Snack & Hydrate 2:45 Dance Doc & Mont. 3:15 Afternoon Stretch 4:00 I Love Lucy 6:30 Evening Film	9 8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 11:00 Daily Chronicle 10:30 Chaboom 1:00 Floor Game / 1:15 Manicures 2:30 Snack & Hydrate 2:45 Music Doc & Mont. 3:20 Coloring Hour / Puzzle 4:00 Music Meditation 6:30 Evening Film	10 9:00 Walk N Roll 9:45 Current Events 10:15 Ball Toss 10:30 Morning Stretch 11:00 Daily Chronicle 1:00 Music Trivia / Dog Therapy 1:30 Collective Cooking 2:30 Snack & Hydrate / 3:30 Walk N roll / I Love Lucy 4:00pm Live Music with Michelle 6:30 Evening Film	11 9:00 Walk N Roll 9:45 Current Events 10:15 Ball Toss 10:30 Chaboom 11:00 Daily Chronicle 1:00 Collective Crafts 1:30 Sm gr. Music Therapy 2:30 Snack & Hydrate / Trivia w/ Michelle 3:30 Music Reminisce 4:00 AGT Dance Show 6:30 Evening Film	12 9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 10:30 Ball Toss 1:30 BINGO 2:30 Snack & Hydrate 2:45 Animal Doc & Mont. 3:30 Afternoon Stretch 4:15 Music Reminisce 6:30 Evening Film	13 9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:15 Manicures 1:30 Cat Pet Therapy 2:30 Michelle Live 2:45 Snack & Hydrate 2:45 Coloring Hr. & Mont. 3:30 Classic Concerts 4:15 Walk N Roll 6:30 Evening Film	14 9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Floor Game 2:30 Snack & Hydrate 2:45 Doc. & Mont. 3:00 Ballet Viewing 4:15 Documentary 6:30 Evening Film
15 9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Live Folk Music 11:00 Daily Chronicle 1:30 Bingo & Mont 2:30 Snack & Hydrate 2:45 Dance Doc & Mont. 3:15 Afternoon Stretch 4:00 I Love Lucy 6:30 Evening Film	16 8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 11:00 Daily Chronicle 10:30 Chaboom 1:00 Floor Game / 1:15 Manicures 2:30 Snack & Hydrate 2:45 Music Doc & Mont. 3:20 Coloring Hour / Puzzle 4:00 Music Meditation 6:30 Evening Film	17 9:00 Walk N Roll 9:45 Current Events 10:15 Ball Toss 10:30 Morning Stretch 11:00 Daily Chronicle 1:00 Music Trivia / Dog Therapy 1:30 Collective Cooking 2:30 Snack & Hydrate / 3:30 Walk N roll / I Love Lucy 4:00pm Live Music with Michelle 6:30 Evening Film	18 9:00 Walk N Roll 9:45 Current Events 10:15 Ball Toss 10:30 Chaboom 11:00 Daily Chronicle 1:00 Collective Crafts 1:45 Walk N roll 2:30 Snack & Hydrate / Trivia w/ Michelle 3:30 Music Reminisce 4:00 AGT Dance Show 6:30 Evening Film	19 9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 10:30 Ball Toss 1:30 Ballroom Dance Duet 2:30 Snack & Hydrate 2:45 Animal Doc & Mont. 3:30 Afternoon Stretch 4:15 Music Reminisce 6:30 Evening Film	20 9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:15 Manicures 1:30 Cat Pet Therapy 2:30 Michelle Live 2:45 Snack & Hydrate 2:45 Coloring Hr. & Mont. 3:30 Classic Concerts 4:15 Walk N Roll 6:30 Evening Film	21 9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Floor Game 2:30 Snack & Hydrate 2:45 Doc. & Mont. 3:00 Ballet Viewing 4:00 Documentary 6:30 Evening Film

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<p>22</p> <p>9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Live Folk Music 11:00 Daily Chronicle 1:30 Bingo & Mont 2:30 Snack & Hydrate 2:45 Dance Doc & Mont. 3:15 Afternoon Stretch 4:00 I Love Lucy 6:30 Evening Film</p>	<p>23</p> <p>8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 11:00 Daily Chronicle 10:30 Chaboom 1:00 Floor Game / 1:15 Manicures 2:30 Snack & Hydrate 2:45 Music Doc & Mont. 3:20 Coloring Hour / Puzzle 4:00 Music Meditation 6:30 Evening Film</p>	<p>24</p> <p>9:00 Walk N Roll 9:45 Current Events 10:15 Ball Toss 10:30 Morning Stretch 11:00 Daily Chronicle 1:00 Music Trivia / Dog Therapy 1:30 Collective Cooking 2:30 Snack & Hydrate / 3:30 Walk N roll / I Love Lucy 4:00pm Live Music with Michelle 6:30 Evening Film</p>	<p>25</p> <p>9:00 Walk N Roll 9:45 Current Events 10:15 Ball Toss 10:30 Chaboom 11:00 Daily Chronicle 1:00 Collective Crafts 1:45 Walk N Roll 2:30 Snack & Hydrate / Trivia w/ Michelle 3:30 Lg. gr Music Therapy 4:00 AGT Dance Show 6:30 Evening Film</p>	<p>26</p> <p>9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Live Tap Dancing 11:00 Daily Chronicle 10:30 Ball Toss 1:30 Afternoon Movie with Popcorn 2:30 Snack & Hydrate 2:45 Animal Doc & Mont. 3:30 Afternoon Stretch 4:15 Music Reminisce 6:30 Evening Film</p>	<p>27</p> <p>9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:15 Manicures 1:30 Cat Pet Therapy 2:30 Michelle Live 2:45 Snack & Hydrate 2:45 Coloring Hr. & Mont. 3:30 Classic Concerts 4:15 Walk N Roll 6:30 Evening Film</p>	<p>28</p> <p>9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Morning Stretch 11:00 Daily Chronicle 1:30 Floor Game 2:30 Snack & Hydrate 2:45 Doc. & Mont. 3:00 Ballet Viewing 3:30 Joel Lite Live Music 4:00 Documentary 6:30 Evening Film</p>
<p>29</p> <p>9:00 Walk N Roll 9:30 Current Events 10:00 Music Hour 10:30 Live Folk Music 11:00 Daily Chronicle 1:30 Bingo & Mont 2:30 Snack & Hydrate 2:45 Dance Doc & Mont. 3:15 Afternoon Stretch 4:00 I Love Lucy 6:30 Evening Film</p>	<p>30</p> <p>8:30 Walk N Roll 9:30 Current Events 10:00 Music Hour 11:00 Daily Chronicle 10:30 Chaboom 1:00 Floor Game / 1:15 Manicures 2:30 Snack & Hydrate 2:45 Music Doc & Mont. 3:20 Coloring Hour / Puzzle 4:00 Music Meditation 6:30 Evening Film</p>	<p>31</p> <p>9:00 Walk N Roll 9:45 Current Events 10:15 Ball Toss 10:30 Morning Stretch 11:00 Daily Chronicle 1:00 Music Trivia / Dog Therapy 1:30 Collective Cooking 2:30 Snack & Hydrate / 3:30 Walk N roll / I Love Lucy 4:00pm Live Music with Michelle 6:30 Evening Film</p>		<p>Spiritual Support = Purple typeface</p> <p>Creative Expression = Green typeface</p> <p>Physical Fitness = Red typeface</p> <p>Brain Fitness = Blue typeface</p> <p>Entertainment = Black typeface</p>	<p>Happy Birthday</p>  <p>Deborah 01/01</p>	