

Cadbury Commons

August 2023

Community Programs

SUN	MON	TUES	WED	THURS	FRI	SAT
<p><u>Happy Birthday</u></p> <p>Suresht – 8/12</p> <p>Richard – 8/26</p> <p>Glenda – 8/30</p> <p>Jack Sh – 8/31</p>	<p><u>Spiritual Support</u> = violet typeface</p> <p><u>Creative Expression</u> = green typeface</p> <p><u>Physical Fitness:</u> = red typeface</p> <p><u>Brain Fitness:</u> = blue typeface</p> <p><u>Entertainers</u> = BOLD typeface</p>	<p>1 Full “Sturgeon” Moon</p> <p>9:30 Morning Stretch</p> <p>10:00 Pictionary</p> <p>10:30 The Great Courses: <i>Symphony</i></p> <p>2:00 Courtyard Gardening with Green City Growers</p> <p>3:00 Boyd’s Documentary Film</p> <p>6:30 Evening Film: <i>Begin Again</i> (2013)</p>	<p>2</p> <p>9:30 Morning Stretch</p> <p>10:00 Trivia Questions</p> <p>10:30 Nature Documentary</p> <p>1:30 Wheel of Fortune!</p> <p>2:30 Classical Music Listening</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>Tea with Mussolini</i> (1999)</p>	<p>3</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Outburst</p> <p>10:30 Scattergories</p> <p>1:30 Afternoon Exercise with Forever Fit</p> <p>2:30 Poker for Beginners</p> <p>3:30 Bingo! with Prizes!</p> <hr/> <p>6:30 Jazz Series: Dixie Cookbook</p>	<p>4</p> <p>9:30 Morning Stretch</p> <p>10:00 Morning Crossword</p> <p>10:30 Creative Movement with Caitlin</p> <p>1:30 Outdoor Walking Group</p> <p>2:30 Music with Michelle</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>Gorillas in the Mist</i> (1988)</p>	<p>5</p> <p>10:00 Morning Stretch</p> <p>10:30 Non-Fiction Article Review</p> <p>1:30 Current Events</p> <p>3:00 Expressive Arts</p> <p>6:30 Evening Film:</p>
<p>6</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Folk Music with Paul and Pam</p> <p>2:00 Literature Out Loud</p> <p>3:00 TV Series: “Anne with an E,” episodes 6&7</p> <p>6:30 Evening Film: <i>The Scarlet and the Black</i> (1983)</p>	<p>7</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Wordle</p> <p>1:30 Afternoon Exercise with Forever Fit</p> <p>2:30 NY Times Crossword</p> <p>3:30 Singalong with Brian</p> <p>6:30 Evening Film: <i>The Lion in Winter</i> (1968)</p>	<p>8</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Pictionary</p> <p>10:30 The Great Courses: <i>Symphony</i></p> <p>1:30 Resident Forum</p> <p>2:00 Courtyard Gardening with Green City Growers</p> <p>3:00 Boyd’s Documentary Film</p> <p>6:30 Evening Film: <i>Pride and Prejudice</i> (2005)</p>	<p>9</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Trivia Questions</p> <p>10:30 Nature Documentary</p> <p>1:30 Easy Origami with Michelle</p> <p>2:30 Classical Music Listening</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>French Kiss</i> (1995)</p>	<p>10</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Outburst</p> <p>10:30 Gentle Yoga with Carabeth</p> <p>1:30 Afternoon Exercise with Forever Fit</p> <p>2:30 Poker for Beginners</p> <p>3:30 Bingo! with Prizes!</p> <hr/> <p>6:30 Jazz Series: Annie and the Furtrappers</p>	<p>11</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Morning Crossword</p> <p>10:30 Apples to Apples Game</p> <p>1:30 Outdoor Walking Group</p> <p>2:30 Music with Michelle</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>Sometimes Always Never</i> (2020)</p>	<p>12</p> <p>10:00 Morning Stretch</p> <p>10:30 Short Story Review</p> <p>1:30 Current Events</p> <p>3:00 Expressive Arts</p> <p>6:30 Evening Film: Puccini’s <i>Manon Lescaut</i> (2015)</p>
<p>13</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Folk Music with Bill Perry</p> <p>2:00 Literature Out Loud</p> <p>3:00 TV Series: “Anne with an E,” season 2 episodes 1&2</p> <p>6:30 Evening Film: <i>Together</i> (2003)</p>	<p>14</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Wordle</p> <p>1:30 Afternoon Exercise with Forever Fit</p> <p>2:30 NY Times Crossword</p> <p>3:30 Singalong with Brian</p> <p>6:30 Evening Film: <i>America’s Sweethearts</i> (2001)</p>	<p>15</p> <p>9:30 Morning Stretch</p> <p>10:00 Pictionary</p> <p>10:30 The Great Courses: <i>Symphony</i></p> <p>1:30 Food for Thought Meeting w/ Jeff</p> <p>2:00 Courtyard Gardening with Green City Growers</p> <p>3:00 Boyd’s Documentary Film</p> <p>6:30 Evening Film: <i>The Young Victoria</i> (2009)</p>	<p>16</p> <p>9:30 Morning Stretch</p> <p>10:00 Trivia Questions</p> <p>10:30 Nature Documentary</p> <p>1:30 Discussion with Julie: Advocating for Yourself in the Health Care System</p> <p>2:30 Classical Music Listening</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>Sorry We Missed You</i> (2020)</p>	<p>17</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Outburst</p> <p>10:30 Gentle Yoga with Carabeth</p> <p>1:30 Afternoon Exercise with Forever Fit</p> <p>2:30 Poker for Beginners</p> <p>3:30 Bingo! with Prizes!</p> <hr/> <p>6:30 Jazz Series: Elan Mehler and his Band</p>	<p>18</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Morning Crossword</p> <p>10:30 Guided Meditation</p> <p>1:30 Outdoor Walking Group</p> <p>2:30 Music with Michelle</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>Emma</i> (2020)</p>	<p>19</p> <p>10:00 Morning Stretch</p> <p>10:30 Literary Games</p> <p>1:30 Current Events</p> <p>3:00 Expressive Arts</p> <p>6:30 Evening Film: <i>Once</i> (2007)</p>

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<p>20 9:30 Morning Stretch ft. Matter of Balance 10:00 Folk Music with Paul and Pam 2:00 Literature Out Loud 3:00 TV Series: "Anne with an E," season 2 episodes 3&4 6:30 Evening Film: <i>On Golden Pond</i> (1981)</p>	<p>21 9:30 Morning Stretch ft. Matter of Balance 10:00 Wordle 1:30 Afternoon Exercise with Forever Fit 2:30 NY Times Crossword 3:30 Singalong with Brian 6:30 Evening Film: <i>The Burnt Orange Heresy</i> (2020)</p>	<p>22 9:30 Morning Stretch 10:00 Pictionary 10:30 The Great Courses: <i>Symphony</i> 1:30 Movie Selection Meeting 2:00 Courtyard Gardening with Green City Growers 3:00 Boyd's Documentary Film 6:30 Evening Film: <i>Dunkirk</i> (2017)</p>	<p>23 9:30 Morning Stretch ft. Matter of Balance 10:00 Trivia Questions 10:30 Nature Documentary 1:30 Ukulele Music with Morningside 2:30 Classical Music Listening 3:30 Happy Hour! 6:30 Evening Film: <i>Working Girl</i> (1988)</p>	<p>24 9:30 Morning Stretch ft. Matter of Balance 10:00 Outburst 10:30 Gentle Yoga with Carabeth 1:30 Afternoon Exercise with Forever Fit 2:30 Poker for Beginners 3:30 Bingo! with Prizes! <hr/> 6:30 Jazz Series: Joe Mulholland and his Band</p>	<p>25 9:30 Morning Stretch ft. Matter of Balance 10:00 Morning Crossword 10:30 Apples to Apples Game 1:30 Outdoor Walking Group 2:30 Music with Michelle 3:30 Happy Hour! 6:30 Evening Film: <i>Four Good Days</i> (2021)</p>	<p>26 10:00 Morning Stretch 10:30 Short Story Review 1:30 Current Events 3:00 Expressive Arts 6:30 Evening Film: <i>Being There</i> (1979)</p>
<p>27 9:30 Morning Stretch ft. Matter of Balance 10:00 Folk Music with Bill Perry 2:00 Literature Out Loud 3:00 TV Series: "Anne with an E," episodes 5&6 6:30 Evening Film: <i>Moonrise Kingdom</i> (2012)</p>	<p>28 9:30 Morning Stretch ft. Matter of Balance 10:00 Wordle 1:30 Afternoon Exercise with Forever Fit 2:30 NY Times Crossword 3:30 Singalong with Brian 6:30 Evening Film: <i>Midnight in Paris</i> (2011)</p>	<p>29 9:30 Morning Stretch ft. Matter of Balance 10:00 Pictionary 10:30 The Great Courses: <i>Symphony</i> 2:00 Courtyard Gardening with Green City Growers 3:00 Boyd's Documentary Film 6:30 Evening Film: <i>Captain Phillips</i> (2013)</p>	<p>30 Full "Blue" Moon 9:30 Morning Stretch ft. Matter of Balance 10:00 Trivia Questions 10:30 Nature Documentary 1:30 Resident Round Table Meeting 2:30 Classical Music Listening 3:30 Happy Hour! 6:30 Evening Film: <i>The Cranes are Flying</i> (1957)</p>	<p>31 9:30 Morning Stretch ft. Matter of Balance 10:00 Outburst 10:30 Scattergories 1:30 Afternoon Exercise with Forever Fit 2:30 Poker for Beginners 3:30 Bingo! with Prizes! 6:30 Evening Film: <i>The Glass Castle</i> (2017)</p>		