

Cadbury Commons

February 2024

Community Programs

SUN	MON	TUES	WED	THURS	FRI	SAT
<p><u>Happy Birthday</u></p> <p>Maude – 2/3</p> <p>Ernest J – 2/11</p> <p>Sally B – 2/15</p> <p>Mark – 2/23</p> <p>Ernie – 2/26</p>		<p><u>Spiritual Support</u> = violet typeface</p> <p><u>Creative Expression</u> = green typeface</p> <p><u>Physical Fitness:</u> = red typeface</p> <p><u>Brain Fitness:</u> = blue typeface</p> <p><u>Entertainers</u> = BOLD typeface</p>		<p>1</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Outburst</p> <p>10:30 Nature Documentary</p> <p>1:30 Afternoon Exercise with Forever Fit</p> <p>2:15 Poker for Beginners</p> <p>3:30 Bingo! with Prizes!</p> <p>6:30 Evening Film: <i>Made in Italy</i> (2020)</p>	<p>2</p> <p>9:30 Morning Stretch</p> <p>10:00 Morning Crossword</p> <p>10:30 Apples to Apples</p> <p>2:00 A Life with Whimsy: A Reading by Tatyana</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>Standing Up, Falling Down</i> (2019)</p>	<p>3</p> <p>10:00 Morning Stretch</p> <p>10:30 Short Story Review</p> <p>1:30 Current Events</p> <p>3:00 Expressive Arts</p> <p>6:30 Evening Film: <i>Shakespeare in Love</i> (1998)</p>
<p>4</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Folk Music with Bill Perry</p> <p>1:30 Literature Out Loud</p> <p>2:30 TV Series: “Monty Python’s Flying Circus” Season 3, episodes 3-6</p> <p>6:30 Evening Film: <i>Amélie</i> (2001)</p>	<p>5</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Wordle</p> <p>1:30 Afternoon Exercise with Forever Fit</p> <p>2:15 NY Times Crossword</p> <p>3:30 Singalong with Brian</p> <p>6:30 Evening Film: <i>The Full Monty</i> (1997)</p>	<p>6</p> <p>9:30 Morning Stretch</p> <p>10:00 Pictionary</p> <p>10:30 The Great Courses: <i>The Concerto</i></p> <p>1:30 Resident Forum</p> <p>2:30 TED Talks – Ideas Worth Spreading</p> <p>3:30 Boyd’s Documentary Film</p> <p>6:30 Evening Film: <i>The Blues Brothers</i> (1980)</p>	<p>7</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Trivia Questions</p> <p>10:30 Gentle Yoga with Carabeth</p> <p>1:30 Live Piano Music by Matt McCabe</p> <p>2:30 Classical Music Listening</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>The Front Page</i> (1974)</p>	<p>8</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Outburst</p> <p>10:30 Nature Documentary</p> <p>1:30 Afternoon Exercise with Forever Fit</p> <p>2:15 Poker for Beginners</p> <p>3:30 Bingo! with Prizes!</p> <p>6:30 Evening Film: <i>Sophie’s Choice</i> (1982)</p>	<p>9</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Morning Crossword</p> <p>10:30 Creative Movement with Caitlin</p> <p>1:30 Printmaking with Foam</p> <p>2:30 Live Jazz Music with Elan Mehler</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>The Death of Stalin</i> (2017)</p>	<p>10</p> <p>10:00 Morning Stretch</p> <p>10:30 Short Story Review</p> <p>1:30 Current Events</p> <p>3:00 Expressive Arts</p> <p>6:30 Evening Film: <i>Chocolat</i> (2000)</p>
<p>11</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Folk Music with Bill Perry</p> <p>1:30 Literature Out Loud</p> <p>2:30 TV Series: “Monty Python’s Flying Circus” Season 3, episodes 7-10</p> <p>6:30 Evening Film: <i>On the Waterfront</i> (1954)</p>	<p>12</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Wordle</p> <p>1:30 Afternoon Exercise with Forever Fit</p> <p>2:15 NY Times Crossword</p> <p>3:30 Singalong with Brian</p> <p>6:30 Evening Film: <i>Capote</i> (2005)</p>	<p>13</p> <p>9:30 Morning Stretch</p> <p>10:00 Pictionary</p> <p>10:30 The Great Courses: <i>The Concerto</i></p> <p>1:30 Food for Thought Meeting w/ Jimmy</p> <p>2:30 TED Talks – Ideas Worth Spreading</p> <p>3:30 Boyd’s Documentary Film</p> <p>6:30 Evening Film: <i>Rebecca</i> (2020)</p>	<p>14 Valentine’s Day</p> <p>9:30 Morning Stretch</p> <p>10:00 Trivia Questions</p> <p>10:30 Gentle Yoga with Carabeth</p> <p>1:30 Ukulele Music with Morningside</p> <p>2:30 Classical Music Listening</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>Alice Doesn’t Live Here Anymore</i> (1974)</p>	<p>15</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Outburst</p> <p>10:30 Nature Documentary</p> <p>1:30 Afternoon Exercise with Forever Fit</p> <p>2:15 Poker for Beginners</p> <p>3:30 Bingo! with Prizes!</p> <p>6:30 Evening Film: <i>The Proposal</i> (2009)</p>	<p>16</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Morning Crossword</p> <p>10:30 Creative Movement with Caitlin</p> <p>1:45 Painting – No Brushes Allowed</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>Crazy Rich Asians</i> (2018)</p>	<p>17</p> <p>10:00 Morning Stretch</p> <p>10:30 Poetry Aloud: Bring and Read Your Favorites</p> <p>1:30 Current Events</p> <p>3:00 Expressive Arts</p> <p>6:30 Evening Film: <i>Lust for Life</i> (1956)</p>

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<p>18 9:30 Morning Stretch ft. Matter of Balance 10:00 Folk Music with Bill Perry 1:30 Literature Out Loud 2:30 TV Series: "Monty Python's Flying Circus" S3, eps 11-13, S4 ep 1 6:30 Evening Film: <i>Catch Me if You Can</i> (2002)</p>	<p>19 Presidents' Day 9:30 Morning Stretch ft. Matter of Balance 10:00 Wordle 1:30 Afternoon Exercise with Forever Fit 2:15 NY Times Crossword 3:30 Singalong with Brian 6:30 Evening Film: <i>The Last of the Mohicans</i> (1992)</p>	<p>20 9:30 Morning Stretch 10:00 Pictionary 10:30 The Great Courses: <i>The Concerto</i> 1:30 Movie Selection Meeting 2:30 TED Talks – Ideas Worth Spreading 3:30 Boyd's Documentary Film 6:30 Evening Film: <i>Monty Python and the Holy Grail</i> (1975)</p>	<p>21 9:30 Morning Stretch ft. Matter of Balance 10:00 Trivia Questions 10:30 Gentle Yoga with Carabeth 1:30 Resident Round Table Meeting 2:30 Classical Music Listening 3:30 Happy Hour! 6:30 Evening Film: <i>Marshall</i> (2017)</p>	<p>22 9:30 Morning Stretch ft. Matter of Balance 10:00 Outburst 10:30 Nature Documentary 1:30 Afternoon Exercise with Forever Fit 2:15 Poker for Beginners 3:30 Bingo! with Prizes! 6:30 Evening Film: <i>Hudson Hawk</i> (1991)</p>	<p>23 9:30 Morning Stretch ft. Matter of Balance 10:00 Morning Crossword 10:30 Charades 1:45 Shrinky Dinks 3:30 Happy Hour! 6:30 Evening Film: <i>The Secret Garden</i> (2020)</p>	<p>24 Full "Snow" Moon 10:00 Morning Stretch 10:30 Short Story Review 1:30 Current Events 3:00 Expressive Arts 6:30 Evening Film: <i>A Star is Born</i> (1976)</p>
<p>25 9:30 Morning Stretch ft. Matter of Balance 10:00 Folk Music with Bill Perry 1:30 Literature Out Loud 2:30 TV Series: "Monty Python's Flying Circus" Season 4, episodes 3-6 6:30 Evening Film: <i>Notting Hill</i> (1999)</p>	<p>26 9:30 Morning Stretch ft. Matter of Balance 10:00 Wordle 1:30 Afternoon Exercise with Forever Fit 2:15 NY Times Crossword 3:30 Singalong with Brian 6:30 Evening Film: <i>Nights in Rodanthe</i> (2008)</p>	<p>27 9:30 Morning Stretch ft. Matter of Balance 10:00 Pictionary 10:30 The Great Courses: <i>The Concerto</i> 1:30 2:30 TED Talks – Ideas Worth Spreading 3:30 Boyd's Documentary Film 6:30 Evening Film: <i>The Sting</i> (1973)</p>	<p>28 9:30 Morning Stretch ft. Matter of Balance 10:00 Trivia Questions 10:30 Gentle Yoga with Carabeth 1:30 2:30 Classical Music Listening 3:30 Happy Hour! 6:30 Evening Film: <i>Silverado</i> (1975)</p>	<p>29 9:30 Morning Stretch ft. Matter of Balance 10:00 Outburst 10:30 Nature Documentary 1:30 Afternoon Exercise with Forever Fit 2:15 Poker for Beginners 3:30 Bingo! with Prizes! 6:30 Evening Film: <i>Gentlemen Prefer Blondes</i> (1953)</p>		