

Cadbury Commons

April 2024

Community Programs

SUN	MON	TUES	WED	THURS	FRI	SAT
<p>Happy Birthday</p> <p>Cecilia – 4/19</p> <p>Martin – 4/24</p> <p>Carolyn – 4/29</p>	<p>1</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Wordle</p> <p>1:30 Afternoon Exercise with Forever Fit</p> <p>2:15 NY Times Crossword</p> <p>3:30 Singalong with Brian</p> <p>6:30 Evening Film: <i>Nine Months</i> (1995)</p>	<p>2</p> <p>9:30 Morning Stretch</p> <p>10:00 Pictionary</p> <p>10:30 The Great Courses: <i>The Concerto</i></p> <p>2:00 The Singing State Trooper</p> <p>2:30 Courtyard Gardening with Green City Growers</p> <p>3:30 TED Talks</p> <p>6:30 Evening Film: <i>Love in the Villa</i> (2022)</p>	<p>3</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Trivia Questions</p> <p>10:30 Gentle Yoga with Carabeth</p> <p>1:30 Outdoor Walking Group</p> <p>2:30 Classical Music Listening</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>The Four Seasons</i> (1981)</p>	<p>4</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Outburst</p> <p>10:30 Nature Documentary</p> <p>1:30 Afternoon Exercise with Forever Fit</p> <p>2:15 Poker for Beginners</p> <p>3:30 Bingo! with Prizes!</p> <p>6:30 Evening Film: <i>The Proposal</i> (2009)</p>	<p>5</p> <p>9:30 Morning Stretch</p> <p>10:00 Morning Crossword</p> <p>10:30 Apples to Apples</p> <p>1:45 Decorating Terracotta Flower Pots with Tatyana</p> <p>3:30 Happy Hour!</p> <p>6:45 Live Music by NEC Students: Flute and Piano Duo</p>	<p>6</p> <p>10:00 Morning Stretch</p> <p>10:30 Short Story Review</p> <p>1:30 Current Events</p> <p>3:00 Expressive Arts</p> <p>6:30 Evening Film: <i>Postcards from the Edge</i> (1990)</p>
<p>7</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Folk Music with Paul and Pam</p> <p>1:30 Literature Out Loud</p> <p>3:00 TV Series: “Only Murders in the Building,” Season 1, episodes 7-9</p> <p>6:30 Evening Film: <i>Copying Beethoven</i> (2006)</p>	<p>8</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Wordle</p> <p>1:30 Afternoon Exercise with Forever Fit</p> <p>2:15 NY Times Crossword</p> <p>3:30 Singalong with Brian</p> <p>6:30 Evening Film: <i>A League of Their Own</i> (1992)</p>	<p>9</p> <p>9:30 Morning Stretch</p> <p>10:00 Pictionary</p> <p>10:30 The Great Courses: <i>The Concerto</i></p> <p>1:30 Resident Forum</p> <p>2:30 Courtyard Gardening with Green City Growers</p> <p>3:30 TED Talks</p> <p>6:30 Evening Film: <i>Wedding Season</i> (2022)</p>	<p>10</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Trivia Questions</p> <p>10:30 Gentle Yoga with Carabeth</p> <p>1:30 Live Piano Music by Matt McCabe</p> <p>2:30 Classical Music Listening</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>Something’s Gotta Give</i> (2003)</p>	<p>11</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Outburst</p> <p>10:30 Nature Documentary</p> <p>1:30 Afternoon Exercise with Forever Fit</p> <p>2:15 Poker for Beginners</p> <p>3:30 Bingo! with Prizes!</p> <p>6:30 Evening Film: <i>Crazy Rich Asians</i> (2018)</p>	<p>12</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Morning Crossword</p> <p>10:30 Guided Meditation</p> <p>1:30 Outdoor Walking Group</p> <p>2:30 Current Events with Brian</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>King Richard</i> (2021)</p>	<p>13</p> <p>10:00 Morning Stretch</p> <p>10:30 Poetry Aloud: Bring and Read Your Favorites</p> <p>1:30 Current Events</p> <p>3:00 Expressive Arts</p> <p>6:30 Evening Film: <i>Secondhand Lions</i> (2003)</p>
<p>14</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Folk Music with Bill Perry</p> <p>1:30 Literature Out Loud</p> <p>3:00 TV Series: “Only Murders in the Building,” S1, ep 1, S2 eps 1-2</p> <p>6:30 Evening Film: <i>California Suite</i> (1978)</p>	<p>15 Patriots Day</p> <hr/> <p>9:00 Watching the Boston Marathon</p> <hr/> <p>2:15 NY Times Crossword</p> <p>3:30 Singalong with Brian</p> <p>6:30 Evening Film: <i>Mel Brooks’s History of the World, Part 1</i> (1981)</p>	<p>16</p> <p>9:30 Morning Stretch</p> <p>10:00 Pictionary</p> <p>10:30 The Great Courses: <i>The Concerto</i></p> <p>1:30 Food for Thought Meeting w/ Jimmy</p> <p>2:30 Courtyard Gardening with Green City Growers</p> <p>3:30 TED Talks</p> <p>6:30 Evening Film: <i>Juanita</i> (2019)</p>	<p>17</p> <p>9:30 Morning Stretch</p> <p>10:00 Trivia Questions</p> <p>10:30 Gentle Yoga with Carabeth</p> <p>1:30 Ukulele Music with Morningside</p> <p>2:30 Classical Music Listening</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>Noah</i> (2014)</p>	<p>18</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Outburst</p> <p>10:30 Nature Documentary</p> <p>1:30 Afternoon Exercise with Forever Fit</p> <p>2:15 Poker for Beginners</p> <p>3:30 Bingo! with Prizes!</p> <p>6:30 Evening Film: <i>Love is Strange</i> (2014)</p>	<p>19</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Morning Crossword</p> <p>10:30 Tatyana reads from the Book of Mythicality</p> <p>1:45 Create Your Own Springtime Wreath with Tatyana</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>Eat Pray Love</i> (2010)</p>	<p>20</p> <p>10:00 Morning Stretch</p> <p>10:30 Short Story Review</p> <p>1:30 Current Events</p> <p>3:00 Expressive Arts</p> <p>6:30 Evening Film: <i>Saturday Night Fever</i> (1977)</p>

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<p>21 9:30 Morning Stretch ft. Matter of Balance 10:00 Folk Music with Paul and Pam 1:30 Literature Out Loud 3:00 TV Series: "Only Murders in the Building," Season 2, episodes 3-5 6:30 Evening Film: <i>Sabrina</i> (1954)</p>	<p>22 Earth Day Passover Begins 9:30 Morning Stretch ft. Matter of Balance 10:00 Wordle 1:30 Afternoon Exercise with Forever Fit 2:15 NY Times Crossword 3:30 Singalong with Brian 6:30 Evening Film: <i>42: The Jackie Robinson Story</i> (2013)</p>	<p>23 Full "Pink" Moon 9:30 Morning Stretch 10:00 Pictionary 10:30 Leonard Bernstein's <i>Young People's Concerts</i> 1:30 Movie Selection Meeting 2:30 Courtyard Gardening with Green City Growers 3:30 TED Talks 6:30 Evening Film: Monty Python's <i>The Life of Brian</i> (1979)</p>	<p>24 9:30 Morning Stretch ft. Matter of Balance 10:00 Trivia Questions 10:30 Gentle Yoga with Carabeth 1:30 Resident Round Table Meeting 2:30 Classical Music Listening 3:30 Happy Hour! 6:30 Evening Film: <i>Misha and the Wolves</i> (2021)</p>	<p>25 9:30 Morning Stretch ft. Matter of Balance 10:00 Outburst 10:30 Nature Documentary 1:30 Afternoon Exercise with Forever Fit 2:15 Poker for Beginners 3:30 Bingo! with Prizes! 6:30 Evening Film: <i>Billie</i> (2019)</p>	<p>26 9:30 Morning Stretch ft. Matter of Balance 10:00 Morning Crossword 10:30 Guided Meditation 1:30 Outdoor Walking Group 2:30 Live Jazz Music with Elan Mehler 3:30 Happy Hour! 6:30 Evening Film: <i>Born Yesterday</i> (1951)</p>	<p>27 10:00 Morning Stretch 10:30 Show and Tell: Bring an Interesting Item and Tell About It 1:30 Current Events 3:00 Expressive Arts 6:30 Evening Film: <i>Sense and Sensibility</i> (1995)</p>
<p>28 9:30 Morning Stretch ft. Matter of Balance 10:00 Folk Music with Bill Perry 1:30 Literature Out Loud 3:00 TV Series: "Only Murders in the Building," Season 2, episodes 6-8 6:30 Evening Film: <i>Scoop</i> (2006)</p>	<p>29 9:30 Morning Stretch ft. Matter of Balance 10:00 Wordle 1:30 Afternoon Exercise with Forever Fit 2:15 NY Times Crossword 3:30 Happy Hour! 6:30 Evening Film: <i>Rent</i> (2007)</p>	<p>30 9:30 Morning Stretch ft. Matter of Balance 10:00 Pictionary 10:30 Leonard Bernstein's <i>Young People's Concerts</i> 1:30 Outdoor Walking Group 2:30 Courtyard Gardening with Green City Growers 3:30 TED Talks 6:30 Evening Film: <i>Apollo 13</i> (1995)</p>				<p><u>Spiritual Support</u> = violet typeface <u>Creative Expression</u> = green typeface <u>Physical Fitness:</u> = red typeface <u>Brain Fitness:</u> = blue typeface <u>Entertainers</u> = BOLD typeface</p>