

Cadbury Commons

September 2024

Community Programs

SUN	MON	TUES	WED	THURS	FRI	SAT
<p>1</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Folk Music with Bill Perry</p> <p>1:30 Literature Out Loud</p> <p>2:30 Televised News</p> <p>6:30 Evening Film:</p>	<p>2 Labor Day</p>  <p>1:30 Afternoon Exercise with Forever Fit</p>	<p>3 Election Day (State Primary)</p> <p>9:30 Morning Stretch</p> <p>10:00 Pictionary</p> <p>1:30 Sketching and Coloring to Music</p> <p>2:30 Courtyard Gardening with Green City Growers</p> <p>6:30 Evening Film: (none)</p>	<p>4</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Trivia Questions</p> <p>10:30 Gentle Yoga with Carabeth</p> <p>1:30 Outdoor Walking Group</p> <p>2:30 Classical Music Listening</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>Hit Man</i></p>	<p>5</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Outburst</p> <p>10:30 Nature Documentary</p> <p>1:30 Music with Joel and Dan</p> <p>1:30 Afternoon Exercise with Forever Fit</p> <p>2:15 Poker for Beginners</p> <p>3:30 Bingo! with Prizes!</p> <p>6:30 Evening Film: <i>Ailey</i></p>	<p>6</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Morning Crossword</p> <p>10:30 Apples to Apples</p> <p>1:45 Art Project with Tatyana</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>The Man Who Knew Too Little</i> (1997)</p>	<p>7</p> <p>10:00 Morning Stretch</p> <p>10:30 Short Story Review</p> <p>1:30 Current Events with Brian</p> <p>3:00 Expressive Arts</p> <p>6:30 Evening Film: <i>Fiddler on the Roof (part 1)</i> (1971)</p>
<p>8 Grandparents Day</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Folk Music with Paul and Pam</p> <p>1:30 Literature Out Loud</p> <p>2:30 Televised News</p> <p>6:30 Evening Film: <i>Fiddler on the Roof (part 2)</i> (1971)</p>	<p>9</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Wordle</p> <p>1:30 Afternoon Exercise with Forever Fit</p> <p>2:15 NY Times Crossword</p> <p>3:30 Singalong with Brian</p> <p>6:30 Evening Film: <i>Rear Window</i> (1954)</p>	<p>10</p> <p>9:30 Morning Stretch</p> <p>10:00 Pictionary</p> <p>10:30 Leonard Bernstein's <i>Young People's Concerts</i></p> <p>1:30 Resident Forum</p> <p>2:30 Courtyard Gardening with Green City Growers</p> <p>3:30 TED Talks</p> <p>6:30 Evening Film: <i>Persuasion</i> (2022)</p>	<p>11 Patriot Day</p> <p>9:30 Morning Stretch</p> <p>10:00 Trivia Questions</p> <p>10:30 Gentle Yoga with Carabeth</p> <p>1:30 Outdoor Walking Group</p> <p>2:30 Classical Music Listening</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>The Guernsey Literary and Potato Peel Pie Society</i></p>	<p>12</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Outburst</p> <p>10:30 Nature Documentary</p> <p>1:30 Afternoon Exercise with Forever Fit</p> <p>2:15 Poker for Beginners</p> <p>3:30 Bingo! with Prizes!</p> <p>6:30 Evening Film: <i>Taxi</i> (2004)</p>	<p>13</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Morning Crossword</p> <p>10:30 Guided Meditation</p> <p>1:45 Art Project with Tatyana</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>Nomadland</i> (2021)</p>	<p>14</p> <p>10:00 Morning Stretch</p> <p>10:30 Poetry Aloud: Bring and Read Your Favorites</p> <p>1:30 Current Events with Brian</p> <p>3:00 Expressive Arts</p> <p>6:30 Evening Film: <i>Harvey</i> (1950)</p>
<p>15</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Folk Music with Bill Perry</p> <p>1:30 Literature Out Loud</p> <p>2:30 Televised News</p> <p>6:30 Evening Film: <i>Casablanca</i> (1942)</p>	<p>16</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Wordle</p> <p>1:30 Afternoon Exercise with Forever Fit</p> <p>2:15 NY Times Crossword</p> <p>3:30 Singalong with Brian</p> <p>6:30 Evening Film: <i>Jerry Maguire</i> (1996)</p>	<p>17 Full "Harvest" Moon</p> <p>9:30 Morning Stretch</p> <p>10:00 Pictionary</p> <p>10:30 Leonard Bernstein's <i>Young People's Concerts</i></p> <p>1:30 Food for Thought Meeting w/ Jimmy</p> <p>2:30 Courtyard Gardening with Green City Growers</p> <p>3:30 TED Talks</p> <p>6:30 Evening Film: <i>Mountain Queen: The Summits of Lhakpa Sherpa</i> (2024)</p>	<p>18</p> <p>9:30 Morning Stretch</p> <p>10:00 Trivia Questions</p> <p>10:30 Gentle Yoga with Carabeth</p> <p>1:30 Outdoor Walking Group</p> <p>2:30 Classical Music Listening</p> <hr/> <p>3:00-5:00pm Paint and Sip Fundraiser for AlzAssoc</p> <hr/> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>A Family Affair</i> (2024)</p>	<p>19</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Outburst</p> <p>10:30 Nature Documentary</p> <p>1:30 Afternoon Exercise with Forever Fit</p> <p>2:15 Poker for Beginners</p> <p>3:30 Bingo! with Prizes!</p> <p>6:30 Evening Film: <i>Tombstone</i> (1993)</p>	<p>20</p> <p>9:30 Morning Stretch ft. Matter of Balance</p> <p>10:00 Morning Crossword</p> <p>10:30 Expressive Movement with Caitlin</p> <p>1:45 Art Project with Tatyana</p> <p>3:30 Happy Hour!</p> <p>6:30 Evening Film: <i>Alone Together</i> (2022)</p>	<p>21</p> <p>10:00 Morning Stretch</p> <p>10:30 Short Story Review</p> <p>1:30 Current Events with Brian</p> <p>3:00 Expressive Arts</p> <p>6:30 Evening Film: <i>Moby Dick</i> (1956)</p>

Cadbury Commons

September 2024

Community Programs

SUN	MON	TUES	WED	THURS	FRI	SAT
<p>22 Autumn Begins 9:30 Morning Stretch ft. Matter of Balance 10:00 Folk Music with Paul and Pam 1:30 Literature Out Loud 2:30 Televised News 6:30 Evening Film: <i>Psycho</i> (1960)</p>	<p>23 9:30 Morning Stretch ft. Matter of Balance 10:00 Wordle 1:30 Afternoon Exercise with Forever Fit 2:15 NY Times Crossword 3:30 Singalong with Brian 6:30 Evening Film: <i>Good Morning Vietnam</i> (1987)</p>	<p>24 9:30 Morning Stretch 10:00 Pictionary 10:30 Leonard Bernstein's <i>Young People's Concerts</i> 1:30 Movie Selection Meeting 2:30 Courtyard Gardening with Green City Growers <hr/> 3:00 Good Neighbor Day Block Party Carnival <hr/> 6:30 Evening Film: <i>Race</i> (2016)</p>	<p>25 9:30 Morning Stretch ft. Matter of Balance 10:00 Trivia Questions 10:30 Gentle Yoga with Carabeth 1:30 Resident Round Table Meeting 2:30 Classical Music Listening 3:30 Happy Hour! 6:30 Evening Film: <i>Dark Waters</i> (2019)</p>	<p>26 9:30 Morning Stretch ft. Matter of Balance 10:00 Outburst 10:30 Nature Documentary 1:30 Afternoon Exercise with Forever Fit 2:15 Poker for Beginners 3:30 Bingo! with Prizes! 6:30 Evening Film: <i>Flawless</i> (2008)</p>	<p>27 9:30 Morning Stretch ft. Matter of Balance 10:00 Morning Crossword 10:30 Apples to Apples 1:45 Art Project with Tatyana 3:30 Happy Hour! 6:30 Evening Film: <i>The Extra Man</i> (2010)</p>	<p>28 10:00 Morning Stretch 10:30 Non-Fiction Article Review 1:30 Current Events with Brian 3:00 Expressive Arts 6:30 Evening Film: <i>A Streetcar Named Desire</i> (1951)</p>
<p>29 9:30 Morning Stretch ft. Matter of Balance 10:00 Folk Music with Bill Perry 1:30 Literature Out Loud 2:30 Televised News 6:30 Evening Film: <i>Mr. Smith Goes to Washington</i> (1939)</p>	<p>30 9:30 Morning Stretch ft. Matter of Balance 10:00 Wordle 1:30 Afternoon Exercise with Forever Fit 2:15 NY Times Crossword 3:30 Singalong with Brian 6:30 Evening Film: <i>9 to 5</i> (1980)</p>				<p><u>Spiritual Support</u> = violet typeface <u>Creative Expression</u> = green typeface <u>Physical Fitness:</u> = red typeface <u>Brain Fitness:</u> = blue typeface <u>Entertainers</u> = BOLD typeface</p>	<p><u>Happy Birthday</u> Suresht – 8/12 Jack S – 8/31</p>