



# Traditional Calendar

# MAY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Programs subject to change please use the daily sheets for updates!</p>	<p><b>Wellness</b>  <b>Arts and Culture</b>  <b>Physical Fitness</b>  <b>Continued Learning</b>  <b>Entertainers/Lectures</b>  <b>Music</b></p>	<p><b>Happy Birthday!</b></p> <p><b>Murray 5/6</b>  <b>AI 5/10</b></p>		<p><b>1 MAY DAY</b>  <b>9:30 Tai Chi with Rachel</b>  <b>10:00 Travelogue: Mexico City</b>  <b>11:00 Jeopardy Trivia</b>  <b>1:30 Live Concert with Joel and Dan</b>  <b>2:30 Culinary Creations: Taquitos</b>  <b>6:30 Evening Film: First Wives Club</b></p>	<p><b>2 All Day Gardening on the Patio</b>  <b>10:00 NYT Crossword Challenge</b>  <b>10:30 Dance Movement with Ivy</b>  <b>11:00 Therapy Dog Visit</b>  <b>1:30 Forever Fit</b>  <b>2:00 Jazz Concert with Elan</b>  <b>2:30 Courtyard Gardening with Green City Growers</b>  <b>3:00 Cocktails and Conversations</b>  <b>6:30 Evening Film: Tampopo</b></p>	<p><b>3 KENTUCKY DERBY</b>  <b>10:00 Morning Stretch</b>  <b>10:30 Show and Tell</b>  <b>1:30 Current Events Discussion</b>  <b>3:00 Expressive Arts Project</b>  <b>6:30 Evening Film: Out of Africa</b></p>
<p><b>4</b>  <b>9:30 Stretch on the Patio</b>  <b>10:00 Live Folk Music with Bill</b>  <b>11:00 Sunday Saxophone</b>  <b>1:00 BB&amp;N Sweet Readers Program</b>  <b>1:30 Trivia Showdown</b>  <b>2:30 Masterclass: Steve Martin-Teaches Comedy</b>  <b>3:00 Walking Group</b>  <b>6:30 Evening Film: Queer</b></p>	<p><b>5 CINCO DE MAYO</b>  <b>9:45 Mindful Meditation</b>  <b>10:30 Chaboom Chair Dance</b>  <b>11:00 Lecture to Learn: Cinco De Mayo Celebrations</b>  <b>1:30 Forever Fit</b>  <b>2:15 NYT Crosswords</b>  <b>3:00 Cinco de Mayo Regional Salsa Tasting and Margaritas</b>  <b>4:00 Symphony Experience: Glière: Concerto Op. 91</b>  <b>6:30 Evening Film: Some Like it Hot</b></p>	<p><b>6</b>  <b>9:30 Stretch and Strengthen</b>  <b>10:00 TED Talk and Discussion: Human and Dog Relationships</b>  <b>10:30 Tai Chi with Sasha</b>  <b>11:30 NYT Wordle</b>  <b>1:30 Resident Forum</b>  <b>2:30 En Plein Air Nature Sketching</b>  <b>3:30 Sparkling Sips and Sweets Social Hour</b>  <b>6:30 Evening Film: Breathless</b></p>	<p><b>7</b>  <b>9:30 Gentle Yoga with Stacy</b>  <b>10:00 Music Appreciation: Ranchera Music</b>  <b>11:00 NYT Spelling Bee</b>  <b>2:00 Matt McCabe Paino Concert</b>  <b>2:00 Traveling Ice Cream Social</b>  <b>3:00 Bingo with Prizes</b>  <b>4:00 Predators' Docuseries: Cheetahs</b>  <b>6:30 Max Original Series: Gentlemen Jack</b></p>	<p><b>8</b>  <b>9:30 Tai Chi with Rachel</b>  <b>10:00 Genealogy Bootcamp with Cambridge Public Library</b>  <b>11:00 Fact or Fiction</b>  <b>1:30 Stretch and Strengthen</b>  <b>2:00 Spirituality with or without Religion</b>  <b>3:15 Afternoon Poker</b>  <b>6:30 Evening Film: Runaway Jury</b></p>	<p><b>9</b>  <b>10:00 NYT Crossword Challenge</b>  <b>11:00 Great Art Explained: Van Gogh's Last Painting</b>  <b>10:30 Ballroom Dance with Steps in Time</b>  <b>1:30 Forever Fit</b>  <b>2:30 Courtyard Gardening with Green City Growers</b>  <b>2:30 New England Conservatory Performance</b>  <b>6:30 Evening Film: Shall We Dance</b></p>	<p><b>10</b>  <b>10:00 Morning Stretch</b>  <b>10:30 Short Story Hour</b>  <b>1:30 Current Events Discussion</b>  <b>3:00 Expressive Arts Project</b>  <b>6:30 Evening Film: The English Patient</b></p>
<p><b>11 MOTHER'S DAY</b>  <b>9:30 Stretch on the Patio</b>  <b>10:00 Live Folk Music with Bill</b>  <b>11:00 Sunday Saxophone</b>  <b>1:00 BB&amp;N Sweet Readers Program</b>  <b>1:30 Trivia Showdown</b>  <b>2:30 Masterclass: Steve Martin-Teaches Comedy</b>  <b>3:00 Walking Group</b>  <b>6:30 Evening Film: Spirited Away</b></p>	<p><b>12</b>  <b>9:45 Mindful Meditation</b>  <b>10:30 Chaboom Chair Dance</b>  <b>11:00 Lecture to Learn: Memorable Mothers</b>  <b>1:30 Forever Fit</b>  <b>2:15 NYT Crosswords</b>  <b>4:00 Symphony Experience: Beethoven: Symphony No. 5 Fate Symphony</b>  <b>6:30 Evening Film: Singin' In the Rain</b></p>	<p><b>13</b>  <b>9:30 Stretch and Strengthen</b>  <b>10:00 TED Talk and Discussion: Food for the Future</b>  <b>10:30 Tai Chi with Sasha</b>  <b>11:00 Film Selection Committee</b>  <b>1:30 Shelly Otis Harp Concert</b>  <b>2:30 Resin Creations: Jewelry, Coasters, Bookmarks</b>  <b>3:30 Taste of Travel Social</b></p>	<p><b>14</b>  <b>9:30 Gentle Yoga with Stacy</b>  <b>10:00 Music Appreciation: Chanson</b>  <b>10:30 Mark West Classical Piano Concert</b>  <b>1:30 Bingo with Prizes</b>  <b>2:00 Traveling Ice Cream Social</b>  <b>3:00 Star Spotlight: Carol Burnett</b>  <b>4:00 Predators' Docuseries: Lions</b></p>	<p><b>15</b>  <b>9:30 Tai Chi with Rachel</b>  <b>10:00 Travelogue: Viva La France</b>  <b>11:00 Jeopardy Trivia</b>  <b>1:30 Stretch and Strengthen</b>  <b>2:00 Afternoon Board Games with Cambridge Friends Student Volunteers</b>  <b>3:15 Afternoon Poker</b>  <b>6:30 Evening Film: La Boheme</b></p>	<p><b>16</b>  <b>10:00 NYT Crossword Challenge</b>  <b>10:30 Dance Movement with Ivy</b>  <b>10:00 Great Art Explained: The Birth of Venus</b>  <b>1:30 Forever Fit</b>  <b>2:30 Courtyard Gardening with Green City Growers</b>  <b>3:00 Cocktails and Conversations</b>  <b>6:30 Evening Film: Waitress the Musical</b></p>	<p><b>17 ARMED FORCES DAY</b>  <b>10:00 Morning Stretch</b>  <b>10:30 Poetry</b>  <b>1:30 Spirituality with or without Religion</b>  <b>3:00 Expressive Arts Project</b>  <b>6:30 Evening Film: A Complete Unknown</b></p>



# Traditional Calendar

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		6:30 Evening Film: Jagged Edge	6:30 Max Original Series: Gentlemen Jack			
<b>18</b> 9:30 Stretch on the Patio 10:00 Live Folk Music with Bill 11:00 Sunday Saxophone 1:00 BB&N Sweet Readers Program 1:30 Trivia Showdown 2:30 Masterclass: Doris Kearns Goodwin-US Presidential History and Leadership 3:00 Walking Group 4:00 Rummikub 6:30 Evening Film: The King's Speech	<b>19</b> 9:45 Mindful Meditation 10:30 Chaboom Chair Dance 11:00 Lecture to Learn: The Psychology of Colors 1:30 Forever Fit 2:00 Journeymen Concert 4:00 Symphony Experience: Dvořák: Cello Concerto, Op. 104 6:30 Evening Film: Casablanca	<b>20</b> 9:30 Stretch and Strengthen 10:00 TED Talk and Discussion: Setbacks to Success 10:30 Tai Chi with Sasha 11:30 NYT Wordle 1:30 Food For Thought 2:30 Wood Bird House Painting 3:30 Resident Social – Birthday Celebrations 6:30 Evening Film: A Real Pain	<b>21</b> 9:30 Gentle Yoga with Stacy 10:00 Music Appreciation: French Opera 11:00 NYT Spelling Bee 2:00 Clyde Sax and Clarinet Concert 2:00 Traveling Ice Cream Social 3:00 Bingo with Prizes 4:00 Predators Docuseries: Pumas 6:30 Max Original Series: Gentlemen Jack	<b>22</b> 9:30 Tai Chi with Rachel 10:00 Travelogue: Castles of the Loire Valley 11:00 History Who's Who 1:30 Stretch and Strengthen 2:00 Culinary Creations: Croque Monsieurs 3:15 Afternoon Poker 6:30 Evening Film: The Usual Suspects	<b>23</b> 10:00 NYT Crossword Challenge 11:00 Great Stolen Art Explained: Egon Schiele 1:30 Forever Fit 2:30 Courtyard Gardening with Green City Growers 3:00 Cocktails and Conversations 6:30 Evening Film: Anything Goes	<b>24</b> 10:00 Morning Stretch 10:30 Short Story Hour 1:30 Current Events Discussion 3:00 Expressive Arts Project 6:30 Evening Film: Schindler's List P1
<b>25</b> 9:30 Stretch on the Patio 10:00 Live Folk Music with Bill 11:00 Sunday Saxophone 1:00 BB&N Sweet Readers Program 1:30 Trivia Showdown 2:30 Masterclass: Doris Kearns Goodwin-US Presidential History and Leadership 3:00 Walking Group 4:00 Rummikub 6:30 Evening Film: Schindler's List P2	<b>26 MEMORIAL DAY</b> 9:45 Mindful Meditation 11:00 Lecture to Learn: A Tribute to the USO 1:30 Stretch and Strengthen 2:15 NYT Crosswords 4:00 Symphony Experience: SCC Wind Symphony – American Salute 6:30 Evening Film: Whale Rider	<b>27</b> 9:30 Stretch and Strengthen 10:00 TED Talk and Discussion: Childhood Toys 10:30 Tai Chi with Sasha 11:30 NYT Wordle 1:30 Spring Program Meeting 2:30 Nail Spa and Aromatherapy Session 3:30 Taste of Travel Social Hour 6:30 Evening Film: Top Hat	<b>28</b> 9:30 Gentle Yoga with Stacy 10:00 Music Appreciation: Berlin: Symphony of Metropolis Documentary 11:00 NYT Spelling Bee 1:30 Resident RoundTable 2:00 Traveling Ice Cream Social 2:30 Bingo with Prizes 4:00 Predators Docuseries: Polar Bears 6:30 Max Original Series: Gentlemen Jack	<b>29</b> 9:30 Tai Chi with Rachel 10:00 Travelogue: Destination Germany 11:00 Fact or Fiction 1:30 Stretch and Strengthen 2:00 Culinary Creations: German Chocolate Cupcakes 3:15 Afternoon Poker 6:30 Evening Film: The Seventh Seal	<b>30</b> 10:00 NYT Crossword Challenge 11:00 Great Art Explained: Keith Haring 1:30 Forever Fit 2:30 Courtyard Gardening with Green City Growers 3:00 Cocktails and Conversations 6:30 Evening Film: Dan in Real Life	<b>31</b> 10:00 Morning Stretch 10:30 Short Story Hour 1:30 Current Events Discussion 3:00 Expressive Arts Project 6:30 Evening Film: Citizen Kane