



Morningside Community Calendar

MAY 2025

SUNDAY	MONDAYS	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Programs subject to change please use the daily sheets for updates!</p>	<p>MILITARY APPRECIATION MONTH</p> <p>HAITIAN HERITAGE MONTH</p>	<p><u>Spiritual Support</u> <u>Creative Expression</u> <u>Physical Fitness</u> <u>Brain Fitness</u> <u>Entertainers/Instructors</u> <u>Music</u> <u>Cooking & Social</u></p>	<p>May is the month to celebrate the many ways gardens and gardening benefit people. Flowers to Fitness to Colors to Conversations.</p>	<p>1 50th Anniv AMTRAK 9:30 Morning Check In 10:00 WORDLE & Daily Chronicle 10:30 Light & Lively CD 11:00 Cooking Group – Mexican Street Food 1:30 Joel & Dan Music 2:30 Resident Social in the Garden or Patio 3:00 BINGO w/Prizes 4:00 Lifelong Learners – AMTRAK Anniversary 6:00 Comedy Movie</p>	<p>2 PLANT IN CADBURY 9:30 Morning Check In 10:00 Whiteboard Game & Daily Chronicle 10:30 Creative Movement w/Ivy 11:00 Dog Therapy Visits 1:30 Montessori Tables 2:00 Live Jazz w/Elan 2:30 Green City Gardening 4:00 Mindfulness - Garden Meditation 6:00 Classic Show</p>	<p>3 KENTUCKY DERBY 9:30 Morning Check In 10:00 Word in a Word 10:30 Stretch & Ball Exercise 11:15 Daily Chronicle 1:00 Easy Listening CD 1:30 Walking Group 2:30 Creative Expression – Paint by Numbers 4:00 Armchair Travel – Great Lakes Region 6:00 Resident Choice</p>
<p>4 9:00 Spiritual Time 10:00 Folk Music 11:00 Sunday Saxophone 1:00 Sweet Readers Program with BBN 1:30 Talking Tidbits 2:00 Walking Group 2:30 Virtual Concert - Rachmaninoff: Piano Concerto no.2 op.18 - Anna Fedorova - Complete Live Concert - HD 4:00 Puzzles/Cards/Games 6:00 Resident Choice</p>	<p>5 CINCO DE MAYO 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 Chaboom w/Pam 1:30 Montessori Tables 2:30 Writing Group – Personal History/Life Stories 4:00 Jazz Series - YoYoMa 6:00 Musical Movie</p>	<p>6 9:30 Morning Check In 10:00 Word In A Word & Daily Chronicle 10:30 TaiChi w/Sasha 1:30 Jeopardy - Great Lakes 2:30 Montessori Sorting 3:30 Classical Music & Zen Color 6:00 Hollywood Classics</p>	<p>7 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 Upper Body Stretch 1:30 Creative Expression – Collaging 2:00 Ice Cream Social 2:00 Matt McCabe Piano 2:30 Tunefoolery Music 3:30 Short Story Book Group 4:00 Trivia & Tales 6:00 Action Movie</p>	<p>8 9:30 Morning Check In 10:00 WORDLE & Daily Chronicle 10:30 Light & Lively CD 11:00 Cooking Group – Mediterranean Food 1:00 Music & Memories 2:00 BINGO w/Prizes 2:30 Resident Social in the Garden or Patio 3:00 Monopoly Cambridge 4:00 Lifelong Learners – Confidence 6:00 Comedy Movie</p>	<p>9 9:30 Morning Check In 10:00 Whiteboard Game & Daily Chronicle 10:30 Ballroom Dancing 1:30 Montessori Tables 2:30 Green City Gardening 2:30 NE Conservatory Performance 4:00 Mindfulness - Mental Health Awareness Month 6:00 Classic Show</p>	<p>10 9:30 Morning Check In 10:00 Word in a Word 10:30 Stretch & Ball Exercise 11:15 Daily Chronicle 1:00 Easy Listening CD 1:30 Walking Group 2:30 Creative Expression – Mixed Media Trees and Flowers Collaging 4:00 Armchair Travel – Explore Great Lakes 6:00 Resident Choice</p>
<p>11 MOTHER'S DAY 9:00 Spiritual Time 10:00 Folk Music 11:00 Sunday Saxophone 1:00 Sweet Readers Program with BBN 1:30 Pondering Prompts 2:00 Walking Group 2:30 Virtual Concert - Frédéric Chopin: Piano Concerto No. 1 e-minor (Olga Scheps live) 4:00 Puzzles/Cards/Games 6:00 Resident Choice</p>	<p>12 FLOWER MOON 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 Chaboom w/Pam 1:30 Montessori Tables 2:30 Writing Group – Journaling Prompts 4:00 Jazz Series - Boston 6:00 Musical Movie</p>	<p>13 9:00 Morning Check In 10:00 Word In A Word & Daily Chronicle 10:30 TaiChi w/Sasha 1:30 Harpist Music w/Shelly 2:30 Montessori Sorting 3:30 Classical Music 6:00 Hollywood Classics Monthly Support Group 5pm</p>	<p>14 OVERNIGHT WORKERS DAY 9:00 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 Upper Body Stretch 10:30 Mark West Piano 1:30 Creative Expression – 2:00 Ice Cream Social 2:30 Tunefoolery Music 3:30 Short Story Book Group 4:00 Trivia & Tales 6:00 Action Movie</p>	<p>15 9:30 Morning Check In 10:00 WORDLE & Daily Chronicle 10:30 Light & Lively CD 11:00 Cooking Group – Haitian Food Samples 1:00 Music & Memories 2:00 BINGO w/Prizes 2:30 Resident Social in the Garden or Patio 3:00 BananaGrams 4:00 Lifelong Learners – How to Declutter</p>	<p>16 9:30 Morning Check In 10:00 Who, What, When 10:30 Creative Movement w/Ivy 11:15 Daily Chronicle 1:30 Montessori Tables 2:30 Green City Gardening 4:00 Mindfulness - How to Impact My Overall Health 6:00 Classic Show</p>	<p>17 ARMED FORCES DAY 9:30 Morning Check In 10:00 Word in a Word 10:30 Stretch & Ball Exercise 11:15 Daily Chronicle 1:00 Easy Listening CD 1:30 Walking Group 2:30 Creative Expression – Fish & Marine Animals 4:00 Armchair Travel – Explore Great Lakes 6:00 Resident Choice</p>



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SUNDAY	MONDAYS	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>18</p> <p>9:00 Spiritual Time</p> <p>10:00 Folk Music</p> <p>11:00 Sunday Saxophone</p> <p>1:00 Sweet Readers Program with BBN</p> <p>1:30 Talking Tidbits</p> <p>2:00 Walking Group</p> <p>2:30 Virtual Concert - Yuki Murata - Piano Solo Concert (Full Concert)</p> <p>4:00 Puzzles/Cards/Games</p> <p>6:00 Resident Choice</p>	<p>19 BACKYARD GAMES WEEK</p> <p>9:30 Morning Check In</p> <p>10:00 Cranium Crunches & Daily Chronicle</p> <p>10:30 Chaboom w/Pam</p> <p>1:30 Montessori Tables</p> <p>2:00 Journeymen Performance</p> <p>3:00 Writing Group – Storytelling with the StoryCorps App</p> <p>4:00 Jazz Series - Cambridge</p> <p>6:00 Musical Movie</p>	<p>20</p> <p>9:30 Morning Check In</p> <p>10:00 Word In A Word & Daily Chronicle</p> <p>10:30 TaiChi w/Sasha</p> <p>1:30 Jeopardy - Trains</p> <p>2:30 Montessori Sorting</p> <p>3:30 Classical Music & Zen Color</p> <p>6:00 Hollywood Classics</p>	<p>21 WAITSTAFF DAY</p> <p>9:30 Morning Check In</p> <p>10:00 Cranium Crunches & Daily Chronicle</p> <p>10:30 Upper Body Stretch</p> <p>1:30 Creative Expression – Sculptures with Clay</p> <p>2:00 Ice Cream Social</p> <p>2:30 Tunefoolery Music</p> <p>3:30 Short Story Book Group</p> <p>4:00 Trivia & Tales</p> <p>6:00 Action Movie</p>	<p>22</p> <p>9:30 Morning Check In</p> <p>10:00 WORDLE & Daily Chronicle</p> <p>10:30 Light & Lively CD</p> <p>11:00 Cooking Group – BBQ Sauce Tastings</p> <p>1:00 Music & Memories</p> <p>2:00 BINGO w/Prizes</p> <p>2:30 Resident Social in the Garden or Patio</p> <p>3:00 100 Piece Puzzle Grp</p> <p>4:00 Lifelong Learners – Leadership</p> <p>6:00 Comedy Movie</p>	<p>23</p> <p>9:30 Morning Check In</p> <p>10:00 Whiteboard Game & Daily Chronicle</p> <p>10:30 Twist & Turn Exercise</p> <p>2:30 Green City Gardening</p> <p>4:00 Mindfulness - Breathing Practices</p> <p>6:00 Classic Show</p>	<p>24</p> <p>9:30 Morning Check In</p> <p>10:00 Word in a Word</p> <p>10:30 Stretch & Ball Exercise</p> <p>11:15 Daily Chronicle</p> <p>1:00 Easy Listening CD</p> <p>1:30 Walking Group</p> <p>2:30 Creative Expression – Lighthouses</p> <p>4:00 Armchair Travel – Lake Michigan</p> <p>6:00 Resident Choice</p>
<p>25</p> <p>9:00 Spiritual Time</p> <p>10:00 Folk Music</p> <p>11:00 Sunday Saxophone</p> <p>1:00 Sweet Readers Program with BBN</p> <p>1:30 Talking Tidbits</p> <p>2:00 Walking Group</p> <p>2:30 Virtual Concert - Mozart - Piano Concerto No.21, K.467 / Yeol Eum Son</p> <p>4:00 Puzzles/Cards/Games</p> <p>6:00 Resident Choice</p>	<p>26 MEMORIAL DAY</p> <p>9:30 Morning Check In</p> <p>10:00 Cranium Crunches & Daily Chronicle</p> <p>10:30 Walking Group</p> <p>1:30 Montessori Tables</p> <p>2:30 Writing Group – Independent Thoughts</p> <p>4:00 Jazz Series - Blues</p> <p>6:00 Musical Movie</p>	<p>27</p> <p>9:30 Morning Check In</p> <p>10:00 Word In A Word & Daily Chronicle</p> <p>10:30 TaiChi w/Sasha</p> <p>1:30 Jeopardy - Military</p> <p>2:30 Montessori Sorting</p> <p>3:30 Classical Music & Zen Color</p> <p>6:00 Hollywood Classics</p>	<p>28</p> <p>9:30 Morning Check In</p> <p>10:00 Cranium Crunches & Daily Chronicle</p> <p>10:30 Upper Body Stretch</p> <p>1:30 Creative Expression – Nature Art</p> <p>2:00 Ice Cream Social</p> <p>2:30 Tunefoolery Music</p> <p>3:30 Short Story Book Group</p> <p>4:00 Trivia & Tales</p> <p>6:00 Action Movie</p>	<p>29</p> <p>9:30 Morning Check In</p> <p>10:00 WORDLE & Daily Chronicle</p> <p>10:30 Light & Lively CD</p> <p>11:00 Cooking Group – Salsa 101</p> <p>1:00 Music & Memories</p> <p>2:00 BINGO w/Prizes</p> <p>2:30 Resident Social in the Garden or Patio</p> <p>3:00 JENGA</p> <p>4:00 Lifelong Learners – Architecture</p> <p>6:00 Comedy Movie</p>	<p>30</p> <p>9:30 Morning Check In</p> <p>10:00 Whiteboard Game & Daily Chronicle</p> <p>10:30 Twist & Turn Exercise</p> <p>2:30 Green City Gardening</p> <p>4:00 Mindfulness - Mediation for Health Benefits</p> <p>6:00 Classic Show</p>	<p>31</p> <p>9:30 Morning Check In</p> <p>10:00 Word in a Word</p> <p>10:30 Stretch & Ball Exercise</p> <p>11:15 Daily Chronicle</p> <p>1:00 Easy Listening CD</p> <p>1:30 Walking Group</p> <p>2:30 Creative Expression – Lakes</p> <p>4:00 Armchair Travel – Canada and The Great Lakes</p> <p>6:00 Resident Choice</p>