



Morningside Community Calendar

SEPTEMBER 2025

SUNDAY	MONDAYS	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Assisted Living Week (ALW) 9/7-9/13 “Ageless Adventures”  Every resident has the chance to explore new passions, revisit old favorites, and build beautiful new memories along the way.	1 LABOR DAY 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 Morning Stretch 1:30 Afternoon Double Feature Movie Marathon w/Popcorn “Coming To America” & “Trading Places” 6:00 Musical Movie	2 DENTIST & PODIATRY 9:00 Morning Check In 10:00 Word In A Word & Daily Chronicle 10:30 Chair Yoga 11:00 Patio Exercise 1:00 Reading Group w/ Wyatt “Music Stories” 2:00 Jeopardy – Autumn 2:30 Montessori Sorting 3:30 Classical Music & Zen Color 6:00 Hollywood Classics	3 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 TaiChi w/Sasha 11:00 Patio Trivia 1:00 Creative Expression – Mosaic Tile Art 2:30 Tunefoolery Music 3:30 Short Story Group 4:00 Trivia & Tales 6:00 Action Movie	4 HEARING DAY 9:30 Morning Check In 10:00 WORDLE & Daily Chronicle 10:30 Balance Class 11:15 Cooking Group – Pumpkin Cookies 1:00 Lincoln Moments Virtual Program - “Rythm is My Business: Women Who Shaped Jazz” 2:00 Joel & Dan Music 4:00 Lifelong Learners – Road Scholars 6:00 Comedy Movie	5 9:30 Morning Check In 10:00 Whiteboard Game & Daily Chronicle 10:30 Dance Movement w/Ivy 11:15 Daily Chronicle 1:00 Montessori Tables 2:00 Elan Jazz Piano Concert 2:30 Green City Gardening 4:00 Mindfulness - Dreams 6:00 Classic Show	6 9:30 Morning Check In 10:00 Word in a Word 10:30 Light & Lively CD 11:15 Daily Chronicle 1:00 Easy Listening CD 1:30 Walking Group 2:00 Creative Expression – Anchors Away Part 1 4:00 Armchair Travel – South Korea 6:00 Resident Choice
7 GRANDPARENTS DAY FULL “CORN” MOON 9:00 Spiritual Time 10:00 Folk Music 11:00 Sunday Saxophone 1:00 “The Journey Never Stops and Has No Limits” ALW Kick-off Party 1:00 Patriots Season Opener vs Raiders 4:00 Puzzles/Cards/Games 6:00 Resident Choice Share stories and photos of adventures with YOUR Grandparents or Grandchild	8 ALW “Virtual Adventure Day” 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 Morning Stretch 1:30 Montessori Tables 2:00 ALW Talent Show 2:30 Writing Group – Virtual Adventures 4:00 Playlist – Road Trip Music 6:00 Musical Movie	9 ALW “Book Club” 9:00 Morning Check In 10:00 Word In A Word & Daily Chronicle 10:30 Movement & Music w/Mike 11:00 Patio Exercise 1:00 Reading Group w/ Wyatt “Music Stories” 2:00 Jeopardy – Seasons 2:30 Montessori Sorting 3:30 Classical Music & Zen Color 6:00 Hollywood Classics Monthly Family & Caregiver Support Group 5pm	10 ALW “Creative Writing Ageless Adventures” 9:00 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 TaiChi w/Sasha 11:00 Patio Trivia 1:00 Creative Expression – Anchors Away Part 2 2:30 Tunefoolery Music 3:30 Short Story Group 4:00 Trivia & Tales 6:00 Action Movie	11 ALW “Day of Remembrance” 9:30 Morning Check In 10:00 WORDLE & Daily Chronicle 10:30 Balance Class 11:15 Cooking Group – Pumpkin Bread 1:00 Music & Memories 1:00 Reading Group 2:00 BINGO w/Prizes 3:00 BananaGrams 4:00 Lifelong Learners – Road Scholars 6:00 Comedy Movie	12 ALW “My Beginnings Day” 9:30 Morning Check In 10:00 Who, What, When 10:30 Twist & Turn Exercise 11:15 Daily Chronicle 1:00 Montessori Tables 2:00 Patio Trivia 2:30 Green City Gardening 4:00 Mindfulness - Intuition 6:00 Classic Show	13 ALW “Anchors” 9:30 Morning Check In 10:00 Word in a Word 10:30 Light & Lively CD 11:15 Daily Chronicle 1:00 Easy Listening CD 1:30 Walking Group 2:00 Creative Expression – Anchors Away Final 4:00 Armchair Travel – New Zealand 6:00 Resident Choice
14 9:00 Spiritual Time 10:00 Folk Music 11:00 Sunday Saxophone 1:30 Talking Tidbits 2:00 Walking Group 3:00 Piano Concerts Virtual 4:00 Puzzles/Cards/Games 6:00 Resident Choice	15 WELCOME LESLEY UNIV INTERNS FOR FALL ‘25 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 Chaboom w/Pam 1:30 Montessori Tables 2:30 Writing Group – My Legacy Prompt	16 9:30 Morning Check In 10:00 Word In A Word & Daily Chronicle 10:30 Movement & Music w/Mike 11:00 Patio Dog Therapy from Golden Moments	17 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 TaiChi w/Sasha 11:00 Patio Trivia 1:00 Creative Expression – Collaging Autumn 2:30 Tunefoolery Music	18 9:30 Morning Check In 10:00 WORDLE & Daily Chronicle 10:30 Balance Class 11:15 Cooking Group – Pumpkin Muffins 1:00 Music & Memories 2:00 BINGO w/Prizes	19 9:30 Morning Check In 10:00 Whiteboard Game & Daily Chronicle 10:30 Dance Movement w/Ivy 1:00 Montessori Tables 2:00 Patio Trivia 2:30 Green City Gardening	20 Ocktoberfest Starts 9:30 Morning Check In 10:00 Word in a Word 10:30 Light & Lively CD 11:15 Daily Chronicle 1:00 Easy Listening CD 1:30 Walking Group 2:00 Creative Expression – Fall Fair Crafts



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SUNDAY	MONDAYS	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	4:00 Playlist – School Days 6:00 Musical Movie	1:00 Reading Group w/ Wyatt “Music Stories” 2:00 Jeopardy – September Sweet Treats 2:30 Montessori Sorting 3:30 Classical Music & Zen Color 6:00 Hollywood Classics	3:30 Short Story Group 4:00 Trivia & Tales 6:00 Action Movie	2:30 Resident Social Birthdays for Month 3:00 100 Piece Puzzle Grp 4:00 Lifelong Learners – Road Scholars 6:00 Comedy Movie	4:00 Mindfulness - Fears 6:00 Classic Show	4:00 Armchair Travel – Brazil 6:00 Resident Choice
21 9:00 Spiritual Time 10:00 Folk Music 11:00 Sunday Saxophone 1:30 Talking Tidbits 2:00 Walking Group 3:00 Piano Concerts Virtual 4:00 Puzzles/Cards/Games 6:00 Resident Choice	22 AUTUMN BEGINS 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 Chaboom w/Pam 1:00 Online Lecture: King Tut’s Secrets — Uncovering New Clues Through Technology 1:30 Ballroom Dancing 2:30 Writing Group – Adventures 4:00 Playlist - Egypt 6:00 Musical Movie	23 9:30 Morning Check In 10:00 Word In A Word & Daily Chronicle 10:30 Movement & Music w/Mike 11:00 Patio Exercise 1:00 Reading Group w/ Wyatt “Music Stories” 2:00 Jeopardy – September 2:30 Montessori Sorting 3:30 Classical Music & Zen Color 6:00 Hollywood Classics	24 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 TaiChi w/Sasha 11:00 Patio Trivia 1:00 Creative Expression – Fall Foliage 2:30 Tunefoolery Music 3:30 Short Story Group 4:00 Trivia & Tales 6:00 Action Movie	25 9:30 Morning Check In 10:00 WORDLE & Daily Chronicle 10:30 Balance Class 11:15 Cooking Group – Pumpkin Cheesecake 1:00 Music & Memories 2:00 BINGO w/Prizes 2:30 Resident Social 3:00 JENGA 4:00 Lifelong Learners – Road Scholars 6:00 Comedy Movie	26 9:30 Morning Check In 10:00 Whiteboard Game & Daily Chronicle 10:30 Twist & Turn Exercise 1:00 2 nd Annual Good Neighbor Day and Ice Cream Social 2:30 Green City Gardening 6:00 Classic Show	27 9:30 Morning Check In 10:00 Word in a Word 10:30 Light & Lively CD 11:15 Daily Chronicle 1:00 Easy Listening CD 1:30 Walking Group 2:00 Creative Expression – Pumpkin Decorating 4:00 Armchair Travel – Guatemala 6:00 Resident Choice
28 9:00 Spiritual Time 10:00 Folk Music 11:00 Sunday Saxophone 1:30 Talking Tidbits 2:00 Walking Group 3:00 Piano Concerts Virtual 4:00 Puzzles/Cards/Games 6:00 Resident Choice	29 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 Chaboom w/Pam 1:30 Montessori Tables 2:30 Writing Group – Pick a Prompt 4:00 Playlist – Fall Songs 6:00 Musical Movie	30 WELCOME BEI PROGRAM STUDENTS FROM TUFTS UNIV 9:30 Morning Check In 10:00 Word In A Word & Daily Chronicle 10:30 Movement & Music w/Mike 11:00 Patio Exercise 1:00 Reading Group w/ Wyatt “Music Stories” 2:00 Jeopardy – Oktoberfest 2:30 Montessori Sorting 3:30 Classical Music & Zen Color 6:00 Hollywood Classics	Life is all about keeping it exciting, fulfilling and above all fun!	Programs subject to change please use the daily sheets for updates!	<u>Spiritual Support</u> <u>Creative Expression</u> <u>Physical Fitness</u> <u>Brain Fitness</u> <u>Entertainers/Instructors</u> <u>Music</u> <u>Cooking & Social</u>	<u>Birthdays</u>  9/7 Gaby 9/15 Paula