



Morningside Community Calendar

OCTOBER 2025

SUNDAY	MONDAYS	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Programs subject to change please use the daily sheets for updates! LGBTQ History Month Every October, LGBTQ+ History Month allows us to honor and spotlight the trailblazers who fought, or continue to fight, for equity and visibility for all.	Mind & SpiritSupport Creative Expression Physical Fitness Brain Fitness Entertainers/Instructors Music Cooking & Social	Birthdays  10/15 Victor 10/20 Evelyn	1 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 TaiChi w/Sasha 11:00 Patio Trivia 1:00 Creative Expression – Card Making Class 1:30 Shadow Box Crafts w/Laura 2:30 Tunefoolery Music 3:30 Short Story Group 4:00 Trivia & Tales 6:00 Action Movie	2 YOM KIPPUR 9:30 Morning Check In 10:00 WORDLE & Daily Chronicle 10:30 Balance Class w/ Wyatt 11:15 Cooking Group – Air Fryer Apple Crips w/Jaxon 1:00 Music & Memories 1:30 Joel & Dan Music 2:00 BINGO w/Prizes 2:00 Resident Social 3:00 JENGA 3:15 BEI Program 4:00 Lifelong Learners – Activity Connection 6:00 Comedy Movie	3 9:30 Morning Check In 10:00 Whiteboard Game & Daily Chronicle 10:30 Twist & Turn Exercise 11:15 Daily Chronicle 1:00 Montessori Tables 1:30 Afternoon Game Tables w/Kene 2:00 Patio Trivia 2:00 Elan Jazz Piano Concert 2:30 Green City Gardening 3:15 BEI Program 4:00 Mindfulness - Aging 6:00 Classic Show Golden Girls	4 9:30 Morning Check In 10:00 Word in a Word 10:30 Light & Lively CD 11:15 Daily Chronicle 1:00 Easy Listening CD 1:15 BEI Program 1:30 Walking Group 2:00 Creative Expression - Coastal Waters 4:00 Armchair Travel – Italy 6:00 Resident Choice
5 OKTOBERFEST ENDS 9:00 Spiritual Time 10:00 Folk Music 11:00 Sunday Saxophone 2:30 Virtual Concert Series with James Taylor 3:15 OktoberFest Snacks 4:00 Puzzles/Cards/Games 6:00 James Bond 007 Movie	6 FULL “HARVEST” MOON & SUKKOT 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 Chaboom w/Pam 11:15 Patio Walk 1:00 Small Group Activity w/ Laura 1:30 Montessori Groups 2:30 Writing Group – German American Day 3:15 BEI Program 3:30 Playlist – German Music 6:00 Musical Movie	7 SUKKOT 9:00 Morning Check In 10:00 Word In A Word & Daily Chronicle 10:30 Barn Babies on the Patio - Animals 1:00 Reading Group 1:30 Jeopardy – Fall Foods 2:00 Puzzles or Montessori Sorting 2:30 Afternoon Talking Tidbits 3:30 Classical Music Zen Color 6:00 Hollywood Classics Columbo	8 9:00 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 TaiChi w/Sasha 11:00 Patio Trivia 1:00 Creative Expression - Animals on the Farm 1:30 Shadow Box Crafts w/Laura 2:30 Tunefoolery Music 3:30 Short Story Group 4:00 Trivia & Tales 6:00 Action Movie	9 9:30 Morning Check In 10:00 WORDLE & Daily Chronicle 10:30 Balance Class w/ Wyatt 11:15 Cooking Group – Apple Cake w/Jaxon 1:00 Music & Memories 1:00 Reading Group 1:00 Lincoln Center Jazz Presents “Heartland Songbook” 2:00 BINGO w/Prizes 3:00 BananaGrams 3:15 BEI Program 4:00 Lifelong Learners – Road Scholars 6:00 Comedy Movie	10 9:30 Morning Check In 10:00 Who, What, When 10:30 Twist & Turn Exercise 11:15 Daily Chronicle 1:00 Montessori Tables 1:30 Afternoon Game Tables w/Kene 2:00 Patio Trivia 2:00 Rivers Between Folk Duo Concert 2:30 Green City Gardening 3:15 BEI Program 4:00 Mindfulness - Grace 6:00 Classic Show Golden Girls	11 9:30 Morning Check In 10:00 Word in a Word 10:30 Light & Lively CD 11:15 Daily Chronicle 1:00 Easy Listening CD 1:15 BEI Program 1:30 Walking Group 2:00 Creative Expression – Octopus Pom Poms 4:00 Armchair Travel – Oceans of the World 6:00 Resident Choice
12 FIRE PREVENTION WEEK 9:00 Spiritual Time 10:00 Folk Music 11:00 Sunday Saxophone 2:00 Walking Group 2:30 Virtual Concert Live at the Acropolis 4:00 Puzzles/Cards/Games 6:00 Resident Choice	13 COLUMBUS DAY 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 Chaboom w/Pam 11:15 Patio Walk 1:00 Small Group Activity w/ Laura 1:30 Montessori Groups 2:30 Writing Group – Founding Fathers 4:00 Playlist - Patriotic 6:00 Musical Movie	14 9:30 Morning Check In 10:00 Word In A Word & Daily Chronicle 10:30 Movement & Music w/Mike 1:30 Jeopardy - Autumn 2:00 Puzzles or Montessori Sorting 2:30 Afternoon Talking Tidbits 3:30 Classical Music & Zen Color 6:00 Hollywood Classics Columbo Monthly Family & Caregiver Support Group 5pm	15 SIMCHAT TORAH 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 TaiChi w/Sasha 11:00 Patio Trivia 1:00 Creative Expression – Fall Flowers 1:30 Shadow Box Crafts w/Laura 1:30 Matt McCabe on the Piano 2:30 Tunefoolery Music 3:30 Short Story Group 4:00 Trivia & Tales 6:00 Action Movie	16 9:30 Morning Check In 10:00 WORDLE & Daily Chronicle 10:30 Balance Class w/ Wyatt 11:15 Cooking Group – Apple Dumplings w/Jaxon 1:00 Music & Memories 2:00 BINGO w/Prizes 2:30 Resident Social Birthdays 3:00 100 Piece Puzzle Grp 3:15 BEI Program 4:00 Lifelong Learners – Activity Connection 6:00 Comedy Movie	17 9:30 Morning Check In 10:00 Whiteboard Game & Daily Chronicle 10:30 Dance & Movement w/Ivy 1:00 Montessori Tables 1:30 Afternoon Game Tables w/Kene 2:00 Patio Trivia 2:30 Green City Gardening 3:15 BEI Program 4:00 Mindfulness - Purpose 6:00 Classic Show Golden Girls	18 9:30 Morning Check In 10:00 Word in a Word 10:30 Light & Lively CD 11:15 Daily Chronicle 1:00 Easy Listening CD 1:15 BEI Program 1:30 Walking Group 2:00 Creative Expression - Halloween 4:00 Armchair Travel – Sunny Beaches 6:00 Resident Choice



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SUNDAY	MONDAYS	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
19 9:00 Spiritual Time 10:00 Folk Music 11:00 Sunday Saxophone 2:00 Walking Group 2:30 Virtual Concert Baltic Sea Philharmonic 4:00 Puzzles/Cards/Games 6:00 Resident Choice	20 MULTICULTURAL DIVERSITY DAY 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 Chaboom w/Pam 11:15 Patio Walk 1:00 Small Group Activity w/ Laura 1:30 Montessori Groups 2:00 Josh Friedman Piano Concert 2:30 Writing Group – Culture 4:00 Playlist - Multicultural Music 6:00 Musical Movie	21 DIWALI 9:30 Morning Check In 10:00 Word In A Word & Daily Chronicle 10:30 Movement & Music w/Mike 11:15 Patio Dog Therapy from Golden Moments 1:30 Jeopardy - October 2:00 Puzzles or Montessori Sorting 2:30 Afternoon Talking Tidbits 3:30 Classical Music & Zen Color 6:00 Hollywood Classics Columbo	22 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 TaiChi w/Sasha 11:00 Patio Trivia 1:00 Creative Expression – School Days 1:30 Shadow Box Crafts w/Laura 2:30 Tunefoolery Music 3:30 Short Story Group 4:00 Trivia & Tales 6:00 Action Movie	23 9:30 Morning Check In 10:00 WORDLE & Daily Chronicle 10:30 Balance Class w/Wyatt 11:15 Cooking Group – Apple Bars w/Jaxon 1:00 Music & Memories 2:00 BINGO w/Prizes 2:30 Resident Social 3:00 JENGA 3:15 BEI Program 4:00 Lifelong Learners – Road Scholars 6:00 Comedy Movie	24 9:30 Morning Check In 10:00 Whiteboard Game & Daily Chronicle 10:30 Twist & Turn Exercise 1:00 Montessori Tables 1:30 Afternoon Game Tables w/Kene 2:00 Patio Trivia 2:30 Green City Gardening 3:15 BEI Program 4:00 Mindfulness - Usefulness 6:00 Classic Show Golden Girls	25 9:30 Morning Check In 10:00 Word in a Word 10:30 Light & Lively CD 11:15 Daily Chronicle 1:00 Easy Listening CD 1:15 BEI Program 1:30 Walking Group 2:00 Creative Expression - Mosaic Tile Art 4:00 Armchair Travel – Museums of the US 6:00 Resident Choice
26 WALK2ENDALZ 9:00 Spiritual Time 10:00 Folk Music 11:00 Sunday Saxophone 1:00 Online Lecture: Curse of the Hope Diamond 2:00 Walking Group 2:30 Virtual Concert Pavarotti 4:00 Puzzles/Cards/Games 6:00 Resident Choice	27 FIRST RESPONDERS' DAY 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 Chaboom w/Pam 11:15 Patio Walk 1:00 Small Group Activity w/ Laura 1:30 Montessori Tables 2:00 Mark West Piano 2:30 Writing Group – Letters to First Responders 4:00 Playlist - Heroes 6:00 Musical Movie	28 9:30 Morning Check In 10:00 Word In A Word & Daily Chronicle 10:30 Movement & Music w/Mike 1:30 Jeopardy - Seasons 2:00 Puzzles or Montessori Sorting 2:30 Afternoon Talking Tidbits 3:30 Classical Music & Zen Color 6:00 Hollywood Classics Columbo	29 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 TaiChi w/Sasha 11:00 Patio Trivia 1:00 Creative Expression – Colors of the Rainbow 1:30 Shadow Box Crafts w/Laura 2:30 Tunefoolery Music 3:30 Short Story Group 4:00 Trivia & Tales 6:00 Action Movie	30 9:30 Morning Check In 10:00 WORDLE & Daily Chronicle 10:30 Balance Class w/ Wyatt 11:15 Cooking Group – Apple Pie w/Jaxon 1:00 Music & Memories 2:00 BINGO w/Prizes 2:30 Resident Social 3:00 Scrabble 3:15 BEI Program 4:00 Lifelong Learners – Activity Connection 6:00 Comedy Movie	31 DAY OF THE DEAD HALLOWEEN 9:30 Morning Check In 10:00 Whiteboard Game & Daily Chronicle 10:30 Dance & Movement w/Ivy 2:00 Party to Celebrate Day of the Dead or Halloween 2:30 Green City Gardening 3:15 BEI Program 4:00 Mindfulness - Being Present 6:00 Classic Show Golden Girls	