



Traditional Calendar

October 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Happy Birthday! Miriam 10/3 Bruce 10/8 Jim 10/21 Phebe 10/29			1 9:30 Gentle Yoga with Stacy 10:15 Music Appreciation 10:30 Tai Chi with Sasha 11:00 Persona Puzzle: Who Am I 2:00 Nature Special: Coral Reefs 3:30 Bingo with Prizes 6:30 Netflix Series: The Law According to Lidia Poet	2 YOM KIPPUR 9:30 Stretch and Strengthen 10:00 Travelogue: Germany 11:00 Haunted Happenings: Galic Saiman and Lore 1:30 Joel and Dan Concert 3:00 Community Connections Sweets and Social Hour 3:30 Afternoon Poker 6:30 Evening Film: The Seduction of Joe Tynan	3 9:30 Tai Chi with Rachel 10:00 MET Exhibition Tour: Art of Ancient Americas 10:30 Dance Movement with Ivy 10:30 Reprise: Peter Presents Antarctica 11:00 Porter Square Errands 1:30 Forever Fit 2:00 Elan Jazz Concert 2:30 Courtyard Gardening with Green City Growers 3:15 BEI Brain Games Program 3:30 Modern Marvels: Lighthouses 6:30 Evening Film: The Interpreter	4 10:00 Morning Stretch 10:30 Short Story Hour 1:30 Current Events Discussion 3:00 Expressive Arts Project 3:15 BEI Brain Games Program 6:30 Evening Film: Hunger
5 OKTOBERFEST ENDS 10:00 Folk Music with Bill 11:00 Sunday Saxophone 1:30 Trivia Showdown 2:30 Open Art Studio 3:15 Beginner Weight Conditioning 4:00 Scattegories 6:30 Evening Film: The Thursday Murder Club	6 SUKKOT BEGINS 9:45 Mindful Meditation 10:30 Chaboom Chair Dance 11:00 Lecture & Dialogue: Understanding Sukkot and Simchat Torah 1:30 Forever Fit 2:15 Group NYT Crosswords 3:15 BEI Brain Games Program 4:00 Symphony Experience: Beethoven: Symphony No. 9 6:30 Evening Film: Our Souls at Night	7 9:30 Stretch and Strengthen 10:00 TED Intersections: People Pleasing 10:30 Autumn Fair with Barn Babies 1:30 Resident Forum 2:15 Art Hour: Clay Pumpkin Vases 3:30 Taste of Travel Social Hour 6:30 Evening Film: A Kind of Murder	8 9:30 Gentle Yoga with Stacy 10:15 Music Appreciation 10:30 Tai Chi with Sasha 11:00 October Jeopardy Trivia 1:30 Road Scholar Virtual Lecture: Quintessential Van Gogh 3:30 Bingo with Prizes 4:30 Nature Special: Emperor Penguins 6:30 Netflix Series: The Law According to Lidia Poet	9 9:30 Stretch and Strengthen 10:00 Travelogue: Russia 11:00 Haunted Happenings: Grimm Brothers Legacy 11:30 Outing: Gran Gusto 1:00 Lincoln Center Jazz Presents Heartland Songbook” 2:00 Cadbury Karaoke -Sing Along with Piano and Jim 3:00 Charades and Cider Social Hour 3:15 BEI Brain Games Program 3:30 Afternoon Poker 6:30 Evening Film: Grimm Brothers	10 10:30 Great Art Explained: Goya P1 10:30 Spirituality with or Without Religion 1:30 Forever Fit 2:00 Rivers Between Folk Duo Concert 3:15 BEI Brain Games Program 3:30 Netflix Special: Sunday Best-Untold Story of Ed Sullivan 6:30 Evening Film: Father of the Bride	11 10:00 Morning Stretch 10:30 Literary Games 1:30 Current Events Discussion 3:00 Expressive Arts Project 3:15 BEI Brain Games Program 6:30 Evening Film: The Horse Whisperer
12 10:00 Folk Music with Bill 11:00 Sunday Saxophone 1:30 Trivia Showdown 2:30 Open Art Studio 3:15 Beginner Weight Conditioning 4:00 Scattegories	13 INDIGENOUS PEOPLES’ DAY, COLOMBUS DAY 9:45 Mindful Meditation 10:30 Chaboom Chair Dance 11:00 Lecture & Dialogue: Indigenous Peoples’ Day History and Trivia 1:30 Forever Fit	14 SIMCHAT TORAH BEGINS 9:30 Stretch and Strengthen 10:00 TED Talk and Discussion: Mindfulness 10:30 Music and Movement with Mike 11:00 Anagrams Challenge 1:30 Food For Thought	15 9:30 Gentle Yoga with Stacy 10:15 Music Appreciation 10:30 Tai Chi with Sasha 11:00 Persona Puzzle: Who Am I 1:30 Matt McCabe Piano Concert	16 9:30 Stretch and Strengthen 10:00 Travelogue: Eating through Russia 10:30 Outing: Tougas Farms 11:00 Haunted Happenings: Mass Ghost Stories	17 9:30 Tai Chi with Rachel 10:00 MET Exhibition Tour: European Paintings 10:30 Monthly Support Group with Rachel 10:30 Dance Movement with Ivy	18 10:00 Morning Stretch 10:30 Short Story Hour 1:30 Current Events Discussion 3:00 Expressive Arts Project 3:15 BEI Brain Games Program



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6:30 Evening Film: Dead Poets Society	2:15 Group NYT Crosswords 3:15 BEI Brain Games Program 4:00 Symphony Experience: Tchaikovsky: Piano Concerto No. 1 6:30 Evening Film: Are You There God? It's Me, Margaret	2:15 Art Hour: Painting Clay Pumpkin Vases 3:30 Taste of Travel Social 5:00 Caregiver Support Group with Nancy 6:30 Evening Film: Amsterdam	3:00 Bingo with Prizes 4:30 Nature Special: Katmai National Park 6:30 Netflix Series: The Law According to Lidia Poet	2:00 Culinary Creations: Pumpkin Spice Muffins 3:00 Community Connections Sweets and Social Hour 3:30 Afternoon Poker 6:30 Evening Film: Mona Lisa Smile	1:30 Forever Fit 2:00 Cambridge Library Visit 2:30 Courtyard Gardening with Green City Growers 3:15 BEI Brain Games Program 3:30 Modern Marvels: Steam Engines 6:30 Evening Film: The Great Dictator	6:30 Evening Film: Rocky
19 10:00 Folk Music with Bill 11:00 Sunday Saxophone 1:30 Trivia Showdown 2:30 Open Art Studio 3:15 Beginner Weight Conditioning 4:00 Scattegories 6:30 Evening Film: A Star is Born	20 DIWALI 9:45 Mindful Meditation 10:30 Chaboom Chair Dance 11:00 Lecture & Dialogue: Bollywood and Indian Cinema 1:30 Forever Fit 2:00 Josh Friedman Piano Concert 3:15 BEI Brain Games Program 4:00 Symphony Experience: Tchaikovsky: Symphony No. 5 6:30 Evening Film: Secret Life of Walter Mitty	21 Activity Center Closed for Employee Appreciation 9:30 Stretch and Strengthen 10:00 TED Intersections: Future of Art 10:30 Golden Moments Dog Therapy 10:30 Music and Movement with Mike 1:30 Film Selection Meeting 3:30 Resident Social – Birthday Celebrations 6:30 Evening Film: Paris Je t'aime	22 9:30 Gentle Yoga with Stacy 10:15 Music Appreciation 10:30 Tai Chi With Sasha 11:00 Modern Jeopardy Trivia 2:00 Guest Speaker: John Clark 3:30 Bingo with Prizes 4:30 Nature Special: Social Life of Octopus 6:30 Netflix Series: The Law According to Lidia Poet	23 9:30 Stretch and Strengthen 10:00 Travelogue: Czech Republic 11:00 Haunted Happenings: Edgar Allen Poe Deep Dive 2:00 Cadbury Karaoke -Sing Along with Piano and Jim 3:00 Charades and Cider Social Hour 3:15 BEI Brain Games Program 3:30 Afternoon Poker 6:30 Evening Film: Did You Hear About the Morgans	24 9:30 Tai Chi with Rachel 10:00 Great Art Explained: Goya P2 10:30 Spirituality with or Without Religion 11:00 Porter Square Errands 1:30 Forever Fit 2:30 Courtyard Gardening with Green City Growers 3:15 BEI Brain Games Program 3:30 Netflix Special: Return of the King, Fall and Rise of Elvis 6:30 Evening Film: The 2 Popes	25 10:00 Morning Stretch 10:30 Poetry Session 1:30 Current Events Discussion 3:00 Expressive Arts Project 3:15 BEI Brain Games Program 6:30 Evening Film: The Karate Kid
26 10:00 Folk Music with Bill 11:00 Sunday Saxophone 1:00 Online Lecture: Curse of the Hope Diamond 1:30 Trivia Showdown 2:30 Open Art Studio 3:15 Beginner Weight Conditioning 4:00 Scattegories 6:30 Evening Film: The Wizard of Lies	27 9:45 Mindful Meditation 10:30 Chaboom Chair Dance 11:00 Lecture & Dialogue: Boston Historic Dance Halls 1:00 Road Scholar Virtual Lecture: The Hope Diamond 1:30 Forever Fit 2:00 Mark West Classical Piano Concert 4:00 Symphony Experience: Mozart: Symphony No. 41 Jupiter 6:30 Evening Film: I Married A Witch	28 9:30 Stretch and Strengthen 10:00 TED Talk and Discussion: Sleep is Your Superpower 10:30 Music and Movement with Mike 11:00 Anagrams Challenge 1:30 Winter Engagement Planning Meeting 2:15 Art Hour: Sugar Skull Art Project 3:30 Taste of Travel Social 6:30 Evening Film: Edward Scissorhands	29 9:30 Gentle Yoga with Stacy 10:15 Music Appreciation 10:30 Tai Chi With Sasha 11:00 Persona Puzzle: Who Am I 1:30 Resident RoundTable 2:30 Nature Special: Grand Teton National Park 3:30 Bingo with Prizes 6:30 Netflix Series: The Law According to Lidia Poet	30 9:30 Stretch and Strengthen 10:00 Travelogue: Prague 11:00 Haunted Happenings: Bring Your Favorite- Spooky Poetry Reading 2:00 Culinary Creations: Pumpkin Rosemary Bread 3:00 Community Connections Sweets and Social Hour 3:30 Afternoon Poker 6:30 Evening Film: Young Frankenstein	31 HAPPY HALLOWEEN, DAY OF THE DEAD BEGINS 9:30 Tai Chi with Rachel 10:00 MET Exhibition Tour: Renaissance England, Tudors 10:30 Spirituality with or Without Religion 1:30 Forever Fit 2:00 Dia De Los Muertos History, Traditions and Celebration 2:30 Courtyard Gardening with Green City Growers 3:30 Modern Marvels: Longest Bridges 6:30 Evening film: Coco	All programs are subject to change. Please see dailies for updates. Wellness Arts and Culture Physical Fitness Continued Learning Entertainers/Lectures Music