



Morningside Community Calendar

NOVEMBER 2025

SUNDAY	MONDAYS	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Programs subject to change please use the daily sheets for updates! Be Kind, Giving & Thankful Month	<u>Mind & SpiritSupport</u> <u>Creative Expression</u> <u>Physical Fitness</u> <u>Brain Fitness</u> <u>Entertainers/Instructors</u> <u>Music</u> <u>Cooking & Social</u>	<u>Birthdays</u>  11/22 Deirdre 11/26 Jacqueline 11/30 Gail	Lesley University Interns Kene Laura Jaxon			1 9:30 Morning Check In 10:00 Word in a Word 10:30 Light & Lively CD 11:15 Daily Chronicle 1:00 Easy Listening CD 1:15 BEI Program 1:30 Walking Group 2:00 Creative Expression 4:00 Armchair Travel 6:00 Resident Choice
2 DAYLIGHT SAVING ENDS 9:00 Spiritual Time – Spiritual Elders YouTube 10:00 Folk Music 11:00 Sunday Saxophone 2:30 Virtual Concert Series with James Taylor 4:00 Puzzles/Cards/Games 6:00 Resident Choice	3 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 Chaboom w/Pam 11:15 Patio Walk 1:00 Small Group Activity w/ Laura 1:30 Montessori Groups 2:30 Writing Group – The Turkey Talk 3:30 Playlist – Broadway Musicals 6:00 Musical Movie	4 9:00 Morning Check In 10:00 Word In A Word & Daily Chronicle 10:30 Movement & Music w/Mike 1:00 Reading Group w/Wyatt 1:00 Men’s Group w/Kene 1:00 Montessori Group w/Laura 1:30 Jeopardy w/Wyatt 2pm Card Games w/Kene 2pm Afternoon Tidbits w/Laura 3pm Classical Music & Zen Drawing w/Laura 3pm Trivia w/Kene & Wyatt 4pm Bananagrams w/Kene 4pmTuesdays Talks w/ Laura 6:00 Hollywood Classics Columbo	5 9:00 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 TaiChi w/Sasha 11:00 Patio Trivia 1:00 Creative Expression – Card Making with Stamps 1:00 Shadow Box Projects w/Laura 2:30 Tunefoolery Music 3:00 Open Office Hours to Meet w/Residents 1:1 3:30 Short Story Group 4:00 Trivia & Tales 6:00 Action Movie	6 9:30 Morning Check In 10:00 Small Group Walking Club w/ Jaxon 10:00 WORDLE & Daily Chronicle 10:30 Balance Class w/ Wyatt 11:00 Cooking Group w/Jaxon 1:00 Music & Memories Karaoke w/Jaxon 1:00 Reading Group 1:30 Joel & Dan Music 2:00 BINGO w/Prizes 2:00 Puzzle Group w/Jaxon 3:00 BananaGrams 3:15 BEI Program 4:00 Lifelong Learners – Road Scholars 6:00 Comedy Movie	7 9:30 Morning Check In 10:00 Who, What, When 10:30 Dance & Movement w/Ivy 11:15 Daily Chronicle 1:00 Montessori Tables 1:00 Table Games w/Kene 1:30 Afternoon Game Tables w/Kene 1:30 Balance Session w/Forever Fit 2:00 Trivia w/ Kene 2:00 Elan Mehler Jazz Piano Group 3:15 BEI Program 4:00 Mindfulness - Grace 6:00 Classic Show Golden Girls	8 9:30 Morning Check In 10:00 Word in a Word 10:30 Light & Lively CD 11:15 Daily Chronicle 1:00 Easy Listening CD 1:15 BEI Program 1:30 Walking Group 2:00 Creative Expression – Intention Kindness Cards 4:00 Armchair Travel – Turkey 6:00 Resident Choice
9 9:00 Spiritual Time - Spiritual Elders YouTube 10:00 Folk Music 11:00 Sunday Saxophone 1:15 BEI Program 2:00 Walking Group 2:30 Virtual Concert Live at the Acropolis 4:00 Puzzles/Cards/Games 6:00 Resident Choice	10 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 Chaboom w/Pam 11:15 Patio Walk 1pm Sm Grp or 1:1 w/Laura 2pm Writing Group w/Laura 3pm Reading Group w/Laura 4pm YouTube Playlist 6:00 Musical Movie	11 VETERAN’S DAY 9:00 Morning Check In 10:00 Word In A Word & Daily Chronicle 10:30 Movement & Music w/Mike 1:00 Reading Group 1:30 Jeopardy 2:00 Puzzles or Montessori Sorting 3pm Trivia 6:00 Hollywood Classics Columbo	12 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 TaiChi w/Sasha 11:00 Patio Trivia 1:00 Creative Expression – Paint by Numbers for Our Veterans’ 1:00 Shadow Box Projects w/Laura 2:30 Tunefoolery Music 3:00 Open Office Hours to Meet w/Residents 1:1 3:30 Short Story Group 4:00 Trivia & Tales 6:00 Action Movie	13 WORLD KIDNESS DAY 10:00 Small Group Walking Club w/ Jaxon 10:00 WORDLE & Daily Chronicle 10:30 Balance Class w/ Wyatt 11:00 Cooking Group w/Jaxon 1:00 Music & Memories Karaoke w/Jaxon 1:00 Reading Group 2:00 BINGO w/Prizes 2:00 Puzzle Group w/Jaxon 2:00 Jeff Folmer Vocals Concert 3:00 BananaGrams 3:15 BEI Program 4:00 Lifelong Learners – Road Scholars 6:00 Comedy Movie	14 9:30 Morning Check In 10:00 Whiteboard Game & Daily Chronicle 10:30 Twist & Turn Exercise 1:00 Montessori Tables 1:00 Table Games w/Kene 1:30 Afternoon Game Tables w/Kene 1:30 Balance Session w/Forever Fit 2:00 Trivia w/ Kene 3:15 BEI Program 4:00 Mindfulness - Purpose 6:00 Cassic Show Golden Girls	15 9:30 Morning Check In 10:00 Word in a Word 10:30 Light & Lively CD 11:15 Daily Chronicle 1:00 Easy Listening CD 1:15 BEI Program 1:30 Walking Group 2:00 Creative Expression – Paint w/Food 4:00 Armchair Travel – Turkey 6:00 Resident Choice



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16 9:00 Spiritual Time - Spiritual Elders YouTube 10:00 Folk Music 11:00 Sunday Saxophone 1:15 BEI Program 2:00 Walking Group 2:30 Virtual Concert Baltic Sea Philharmonic 4:00 Puzzles/Cards/Games 6:00 Resident Choice	17 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 Chaboom w/Pam 11:15 Patio Walk 1pm Sm Grp or 1:1 w/Laura 2pm Writing Group w/Laura 3pm Reading Group w/Laura 4pm YouTube Playlist 6:00 Musical Movie	18 9:30 Morning Check In 10:00 Word In A Word & Daily Chronicle 10:30 Movement & Music w/Mike 11:15 Patio Dog Therapy from Golden Moments 1:00 Reading Group w/Wyatt 1:00 Men's Group w/Kene 1:00 Montessori Group w/Laura 1:30 Jeopardy w/Wyatt 2pm Card Games w/Kene 2pm Afternoon Tidbits w/Laura 3pm Classical Music & Zen Drawing w/Laura 3pm Trivia w/Kene & Wyatt 4pm Bananagrams w/Kene 4pm Tuesdays Talks w/ Laura 6:00 Hollywood Classics Columbo	19 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 TaiChi w/Sasha 11:00 Patio Trivia 1:00 Creative Expression – Wall Art 1:00 Shadow Box Projects w/Laura 2:00 Clyde Saxophone & Clarinet Concert 2:30 Tunefoolery Music 3:00 Open Office Hours to Meet w/Residents 1:1 3:30 Short Story Group 4:00 Trivia & Tales 6:00 Action Movie	20 9:30 Morning Check In 10:00 Small Group Walking Club w/ Jaxon 10:00 WORDLE & Daily Chronicle 10:30 Balance Class w/ Wyatt 11:00 Cooking Group w/Jaxon 1:00 Music & Memories Karaoke w/Jaxon 1:00 Reading Group 2:00 BINGO w/Prizes 2:00 Puzzle Group w/Jaxon 3:00 BananaGrams 3:15 BEI Program 4:00 Lifelong Learners – Road Scholars 6:00 Comedy Movie	21 9:30 Morning Check In 10:00 Whiteboard Game & Daily Chronicle 10:30 Dance & Movement w/Ivy 1:00 Montessori Tables 1:00 Table Games w/Kene 1:30 Afternoon Game Tables w/Kene 1:30 Balance Session w/Forever Fit 2:00 Trivia w/ Kene 3:15 BEI Program 4:00 Mindfulness - Usefulness 6:00 Classic Show Golden Girls	22 9:30 Morning Check In 10:00 Word in a Word 10:30 Light & Lively CD 11:15 Daily Chronicle 1:00 Easy Listening CD 1:15 BEI Program 1:30 Walking Group 2:00 Creative Expression - Mosaic Tile Art 4:00 Armchair Travel – Museums of the US 6:00 Resident Choice
23 9:00 Spiritual Time - Spiritual Elders YouTube 10:00 Folk Music 11:00 Sunday Saxophone 1:15 BEI Program 2:00 Walking Group 2:30 Virtual Concert Pavarotti 4:00 Puzzles/Cards/Games 6:00 Resident Choice	24 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 Chaboom w/Pam 11:15 Patio Walk 1pm Sm Grp or 1:1 w/Laura 1:30 Ballroom Dancing w/Michael & Serena 2pm Writing Group w/Laura 3pm Reading Group w/Laura 4pm YouTube Playlist 6:00 Musical Movie	25 9:30 Morning Check In 10:00 Word In A Word & Daily Chronicle 10:30 Movement & Music w/Mike 1:00 Reading Group w/Wyatt 1:00 Men's Group w/Kene 1:00 Montessori Group w/Laura 1:30 Jeopardy w/Wyatt 2pm Card Games w/Kene 2pm Afternoon Tidbits w/Laura 2:00 Friendsgiving High Tea Social 3pm Classical Music & Zen Drawing w/Laura 3pm Trivia w/Kene & Wyatt 4pm Bananagrams w/Kene 4pm Tuesdays Talks w/ Laura 6:00 Hollywood Classics Columbo	26 NATIONAL CAKE DAY 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 TaiChi w/Sasha 11:00 Patio Trivia 1:00 Creative Expression – Thanksgiving Crafts 2:30 Tunefoolery Music 3:30 Short Story Group 4:00 Trivia & Tales 6:00 Action Movie	27 THANKSGIVING DAY 9:00 Macy's Thanksgiving Day Parade on TV – Longfellow 11:00 Exercise YouTube Sherri's Yoga 1:00 Music & Memories 2:00 BINGO w/Prizes 2:00 Double Feature in Longfellow Rocky & Annie 3:00 Resident Social Monthly Birthdays 3:30 Scrabble 6:00 Comedy Movie	28 9:30 Morning Check In 10:00 Whiteboard Game & Daily Chronicle 10:30 Twist & Turn Exercise 1:00 Montessori Tables 1:00 Table Games 1:30 Afternoon Game Tables 1:30 Balance Session w/Forever Fit 2:00 Trivia 4:00 Mindfulness - Being Present 6:00 Classic Show Golden Girls	29 9:30 Morning Check In 10:00 Word in a Word 10:30 Light & Lively CD 11:15 Daily Chronicle 1:00 Easy Listening CD 1:15 BEI Program 1:30 Walking Group 2:00 Creative Expression – Thanksgiving Crafts 4:00 Armchair Travel – Turkey 6:00 Resident Choice
30 9:00 Spiritual Time 10:00 Folk Music 11:00 Sunday Saxophone 1:15 BEI Program 2:00 Walking Group 2:30 Virtual Concert Pavarotti 4:00 Puzzles/Cards/Games 6:00 Resident Choice						