



Morningside Community Calendar

DECEMBER 2025

SUNDAY	MONDAYS	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Programs subject to change, please use the daily sheets for updates! <u>Mind & Spirit Support</u> <u>Creative Expression</u> <u>Physical Fitness</u> <u>Brain Fitness</u> <u>Entertainers/Instructors</u> <u>Music</u> <u>Cooking & Social</u>	1 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 Chaboom w/Pam 11:15 Patio Walk 1:00 Small Group Activity w/ Laura 1:30 Montessori Groups 2:30 Writing Group – The Turkey Talk 3:30 Playlist – Broadway Musicals 6:00 Musical Movie	2 9:00 Morning Check In 10:00 Word In A Word & Daily Chronicle 10:30 Movement & Music w/Mike 1:00 Reading Group w/Wyatt 1:00 Men’s Group w/Kene 1:00 Montessori Group w/Laura 1:30 Jeopardy w/Wyatt 2pm Card Games w/Kene 2:00 Afternoon Tidbits w/Laura 3:00 Classical Music & Zen Drawing w/Laura 3:00 Trivia w/Kene & Wyatt 4:00 Bananagrams w/Kene 4:00 Tuesdays Talks w/ Laura 6:00 Hollywood Classics Bonanza	3 9:00 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 TaiChi w/Sasha 11:00 Patio Trivia 1:00 Creative Expression – Rainbow Serpent 1:00 Shadow Box Projects w/Laura 2:30 Tunefoolery Music 3:00 Open Office Hours to Meet w/Residents 1:1 w/ Laura 3:30 Short Story Group 4:00 Trivia & Tales 6:00 Action Movie	4 9:30 Morning Check In 10:00 Small Group Walking Club w/ Jaxon 10:00 WORDLE & Daily Chronicle 10:30 Balance Class w/ Wyatt 11:00 Cooking Group w/Jaxon Holiday Cookies 1:00 “Artists at the Atrium: Breathe Slowly with Mahogany L. Browne” by Lincoln Center Moments 1:30 Joel & Dan Music 2:30 BINGO w/Prizes 2:30 Puzzle Group w/Jaxon 2:45 Social Hour w/Refreshments 3:00 Banana Grams 3:15 BEI Program 4:00 Lifelong Learners – Activity Connection 6:00 Comedy Movie	5 9:30 Morning Check In 10:00 Who, What, When 10:30 Dance & Movement w/Ivy 11:15 Daily Chronicle 1:00 Montessori Tables 1:30 Balance Session w/Forever Fit 2:00 Cadbury Holiday Sing Along 3:15 BEI Program 4:00 Mindfulness - Grace 6:00 Classic Show Golden Girls	6 9:30 Morning Check In 10:00 Word in a Word 10:30 Light & Lively CD 11:15 Daily Chronicle 1:00 Easy Listening CD 1:15 BEI Program 1:30 Walking Group 2:00 Creative Expression – newspaper wreath 4:00 Armchair Travel – Iceland 6:00 Resident Choice
7 9:00 Spiritual Time - Spiritual Elders YouTube 10:00 Folk Music Performance 11:00 Tufts University Holiday Acapella Concert 1:30 Afternoon Spa & Nails 2:00 Walking Group 2:30 Virtual Concert Live at the Acropolis 4:00 Puzzles/Cards/Games 6:00 Resident Choice	8 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 Chaboom w/Pam 1:00 Sm Grp or 1:1 w/staff 2:00 Writing Group - Hannukah Traditions 3:00 Reading Group - 12 Days of Christmas 4:00 YouTube Playlist - Holidays Gospel 6:00 Musical Movie	9 9:00 Morning Check In 10:00 Word In A Word & Daily Chronicle 10:30 Movement & Music w/Mike 1:00 Men’s Group 1:00 Montessori Group w/staff 1:30 Jeopardy 2:00 Tuesday Tidbits 3:00 Classical Music & Zen Drawing 3:00 Trivia w/staff 4:00 Tuesdays Talks 6:00 Hollywood Classics Bonanza	10 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 TaiChi w/Sasha 11:00 Guess Who What 1:00 Creative Expression – Paint by Numbers Winter Scenes 1:00 Card Games w/staff 1:30 Matt McCabe Concert 2:30 Tunefoolery Music 3:30 Short Story Group 4:00 Trivia & Tales 6:00 Action Movie	11 HOLIDAY GALA 5PM ACTIVITY CENTER CLOSED 10:00 Small Group Walking Club 10:00 WORDLE & Daily Chronicle 10:30 Balance Class w/ Wyatt 1:00 Music & Memories Karaoke 1:00 Reading Group 2:00 BINGO w/Prizes 3:00 Puzzle Group 5:00 Holiday Gala 6:00 Comedy Movie	12 9:30 Morning Check In 10:00 Whiteboard Game & Daily Chronicle 10:30 Twist & Turn Exercise 1:00 Montessori Tables 1:30 Afternoon Game Tables 1:30 Balance Session w/Forever Fit 2:00 Elan Mehler Jazz Piano 3:00 Bananagrams 4:00 Mindfulness - Purpose 6:00 Cassic Show Golden Girls 6:45 New England Conservatory Concert	13 9:30 Morning Check In 10:00 Word in a Word 10:30 Light & Lively CD 11:15 Daily Chronicle 1:00 Easy Listening CD 1:30 Walking Group 2:00 Creative Expression – Snowflakes 4:00 Armchair Travel – Greenland 6:00 Resident Choice
14 HANNUKAH BEGINS 9:00 Spiritual Time - Spiritual Elders YouTube 10:00 Folk Music Performance 11:00 Sunday Saxophone 2:00 Walking Group	15 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 Chaboom w/Pam 1:00 Sm Grp or 1:1 w/staff	16 9:00 Morning Check In 10:00 Word In A Word & Daily Chronicle 10:30 Movement & Music w/Mike	17 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 TaiChi w/Sasha 11:00 Guess Who What	18 9:30 Morning Check In 10:00 Small Group Walking Club 10:00 WORDLE & Daily Chronicle 10:30 Balance Class w/ Wyatt	19 9:30 Morning Check In 10:00 Whiteboard Game & Daily Chronicle 10:30 Dance & Movement w/Ivy 1:00 Montessori Tables	20 9:30 Morning Check In 10:00 Word in a Word 10:30 Light & Lively CD 11:15 Daily Chronicle 1:00 Easy Listening CD 1:30 Walking Group

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SUNDAY	MONDAYS	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2:30 Virtual Concert Baltic Sea Philharmonic 4:00 Puzzles/Cards/Games 6:00 Resident Choice	2:00 Writing Group - Holiday Traditions 3:00 Reading Group - Short Story 4:00 YouTube Playlist - Holiday 6:00 Musical Movie	11:15 Dog Therapy from Golden Moments 1:00 Men's Group 1:00 Montessori Group w/staff 1:30 Jeopardy 2:00 Tuesday Tidbits 3:00 Classical Music & Zen Drawing 3:00 Trivia w/staff 4:00 Tuesdays Talks 6:00 Hollywood Classics Columbo	1:00 Creative Expression – Homemade Play Dough 1:00 Card Games w/staff 2:30 Tunefoolery Music 3:30 Short Story Group 4:00 Trivia & Tales 6:00 Action Movie	11:00 Cooking Group 1:00 Music & Memories Karaoke 1:00 Reading Group 2:00 BINGO w/Prizes 2:00 Puzzle Group 2:30 Resident Birthdays Social 3:00 Banana Grams 4:00 Lifelong Learners – Road Scholars 6:00 Comedy Movie	1:30 Afternoon Game Tables 1:30 Balance Session w/Forever Fit 2:00 Cadbury Holiday Sing Along 3:00 Bananagrams 4:00 Mindfulness - Usefulness 6:00 Classic Show Golden Girls	2:00 Creative Expression - pom pom Christmas trees 4:00 Armchair Travel – The North Pole 6:00 Resident Choice
21 FIRST DAY WINTER 9:00 Spiritual Time - Spiritual Elders YouTube 10:00 Folk Music Performance 11:00 Sunday Saxophone 1:30 Afternoon Spa & Nails 2:00 Walking Group 2:30 Virtual Concert Pavarotti 4:00 Puzzles/Cards/Games 6:00 Resident Choice	22 HANNUKAH ENDS 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 Chaboom w/Pam 1:00 Sm Grp or 1:1 w/staff 2:00 Writing Group - Holidays 3:00 Reading Group - Charles Dickens 4:00 YouTube Playlist - Hannukah 6:00 Musical Movie	23 9:00 Morning Check In 10:00 Word In A Word & Daily Chronicle 10:30 Movement & Music w/Mike 1:00 Men's Group 1:00 Montessori Group w/staff 1:30 Jeopardy 2:00 Tuesday Tidbits 3:00 Classical Music & Zen Drawing 3:00 Trivia w/staff 4:00 Tuesdays Talks 6:00 Hollywood Classics Bonanza	24 CHRISTMAS EVE 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 TaiChi w/Sasha 11:00 Guess Who What 1:00 Creative Expression – Paper stained glass 1:00 Card Games w/staff 1:30 Rick Steves European Holiday Travel Special 2:30 Tunefoolery Music 3:30 Short Story Group 4:00 Trivia & Tales 6:00 Action Movie	25 CHRISTMAS DAY 9:30 Morning Check In 10:00 Small Group Walking Club 10:00 WORDLE & Daily Chronicle 10:30 Balance Class w/ Wyatt 11:00 Cooking Group 1:00 Music & Memories Karaoke 2:00 BINGO w/Prizes 2:00 Puzzle Group 3:00 Banana Grams 4:00 Lifelong Learners – Road Scholars 6:00 Comedy Movie	26 KWANZAA 9:30 Morning Check In 10:00 Whiteboard Game & Daily Chronicle 10:30 Twist & Turn Exercise 1:00 Montessori Tables 1:30 Afternoon Game Tables 1:30 Balance Session w/Forever Fit 2:00 Trivia 3:00 Bananagrams 4:00 Mindfulness - Purpose 6:00 Cassic Show Golden Girls	27 9:30 Morning Check In 10:00 Word in a Word 10:30 Light & Lively CD 11:15 Daily Chronicle 1:00 Easy Listening CD 1:30 Walking Group 2:00 Creative Expression - air dry clay pinch pot 4:00 Armchair Travel – Alaska 6:00 Resident Choice
28 9:00 Spiritual Time 10:00 Folk Music Performance 11:00 Sunday Saxophone 2:00 Walking Group 2:30 Virtual Concert Bocelli 4:00 Puzzles/Cards/Games 6:00 Resident Choice	29 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 Chaboom w/Pam 1:00 Sm Grp or 1:1 w/staff 2:00 Writing Group - Resolutions 3:00 Reading Group - New Year Traditions 4:00 YouTube Playlist - Songs About Resolutions 6:00 Musical Movie	30 9:00 Morning Check In 10:00 Word In A Word & Daily Chronicle 10:30 Movement & Music w/Mike 1:00 Men's Group 1:00 Montessori Group w/staff 1:30 Jeopardy 2:00 Tuesday Tidbits 3:00 Classical Music & Zen Drawing 3:00 Trivia w/staff 4:00 Tuesdays Talks 6:00 Hollywood Classics Bonanza	31 NEW YEAR'S EVE 9:30 Morning Check In 10:00 Cranium Crunches & Daily Chronicle 10:30 TaiChi w/Sasha 11:00 Patio Trivia 1:00 Creative Expression – Painted butterfly craft 1:00 Card Games w/staff 2:30 Tunefoolery Music 3:30 COUNTDOWN ACROSS THE WORLD TO NEW YEAR 6:00 Action Movie		<u>Birthdays</u>  12/1 Monika 12/25 Jonathan 12/30 Paul	