



Traditional Calendar

March 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:00 Morning Stretch 11:00 Sunday Saxophone with Severin 1:30 Trivia Showdown 2:15 Fake or Fortune BBC Series 3:15 Beginner Resistance Bands Exercise 4:00 Scattogories 6:30 Evening Film: Like Father	2 PURIM begins 9:45 Mindful Meditation 10:00 Scrapbooking with Intern Amelia 10:15 History Fact or Fiction 10:30 Chaboom Chair Dance 11:00 Lecture & Dialogue: Purim and the Cross of Mordecai Virtual 1:30 Beginner Weight Conditioning 2:15 Group NYT Crosswords 4:00 Symphony Experience Chamber Music by National Symphony Orchestra 6:30 Evening Film: The Children Act	3 HOLI, WORM MOON, LUNAR ECLIPSE 6:00 Lunar Eclipse 9:30 Stretch and Strengthen 10:00 Psych Talks: The New Era of Positive Psychology 10:30 NYT Wordle 11:00 Nature Special: Coral Reefs 1:30 Resident Forum 2:15 Art Hour: Luck of the Irish Wooden Decor 3:30 Purim Social with Hamantaschen 6:30 Evening Film: Blue Moon	4 9:30 Gentle Yoga with Stacy 10:15 John Williams Music Appreciation 10:30 Sing FIT 11:00 Star Spotlight: Audrey Hepburn 1:30 Google Arts & Culture: Talking Tours 3:00 Community Prize Bingo 4:30 Award Winning Short: The Silent Child 6:30 PBS Passport: The Puzzle Lady 5 & 6	5 9:30 Stretch and Strengthen 9:45 Scrapbooking Prep with Amelia 10:00 Travelogue: Passport to Portugal 11:00 New Resident Getting to Know You Group 1:30 Joel and Dan Concert 3:00 Quiz & Sip Social 3:15 BEI Brain Games Program 3:30 Afternoon Poker 6:30 Evening Film: License to Wed	6 Onsite Dental 10:00 Great Art Explained: Art Propaganda 10:30 Dance Movement with Ivy 10:45 Guided Positive Meditation 11:30 Lunch at Eastern Edge Food Hall 1:30 Forever Fit Balance 2:00 Cadbury Sing Along 3:00 Boyd's PBS Doc: At Home in Utopia 3:15 BEI Brain Games Program 6:30 NE Conservatory Spring Concert Series	7 10:00 Morning Stretch 10:30 Short Story Hour 1:05 Spring Training Red Sox v Rays Viewing 1:30 Current Events Discussion in Pub 1:30 BEI Brain Games Program 3:00 Expressive Arts Project 6:30 Evening Film: Soul on Fire
8 DAYLIGHT SAVINGS 10:00 Morning Stretch 11:00 Sunday Saxophone with Severin 1:30 Trivia Showdown 2:15 Fake or Fortune BBC Series 3:15 Beginner Resistance Bands Exercise 3:15 BEI Brain Games Program 4:00 Scattogories 6:30 Evening Film: The Best You Can	9 9:45 Mindful Meditation 10:00 Scrapbooking with Intern Amelia 10:15 History Fact or Fiction 10:30 Chaboom Chair Dance 11:00 Lecture & Dialogue: Game Changing Women of NASA 1:30 Beginner Weight Conditioning 2:15 Group NYT Crosswords 4:00 Symphony Experience: Navy Band Chamber Concert 6:30 Evening Film: The Swedish Connection	10 9:30 Stretch and Strengthen 10:00 Psych Talks: The Art of Choosing 10:30 Anagrams Challenge 11:00 Film Selection Meeting 2:00 Howie Classical Vocal Performer 3:30 Taste of Portugal Social 6:30 Evening Film: The Big Fake	11 9:30 Gentle Yoga with Stacy 10:15 Music Appreciation 10:30 Sing FIT 11:00 Irish Poetry Favorites for Sharing 1:30 Learning MyPlate with Rachel, CHWC 3:00 Community Prize Bingo 4:30 Award Winning Short: Sing 6:30 PBS Passport: Dick Van Dyke Story	12 9:30 Stretch and Strengthen 9:45 Scrapbooking Prep with Amelia 9:45 Outing FOGG MUSEUM 10:00 Travelogue: Life in Lisbon 11:00 New Resident Getting to Know You Group 2:00 March Jeopardy Trivia Challenge 2:30 Library Visit: Learn about Libby 3:00 Quiz & Sip Social 3:15 BEI Brain Games Program 4:00 Afternoon Poker 6:30 Evening Film: Hustle	13 9:30 Tai Chi with Rachel 10:00 Great Museums: Isabella Stewart Gardner 10:45 Guided Positive Meditation 1:30 Forever Fit Balance 2:00 Cadbury Sing Along 3:00 Boyd's PBS Doc: The Woman Rebel 3:15 BEI Brain Games Program 6:30 Evening Film: Dead of Winter	14 MARCH MADNESS BEGINS 10:00 Morning Stretch 10:30 Show and Tell 1:30 Current Events Discussion 1:30 BEI Brain Games Program 3:00 Expressive Arts Project 6:30 Throwback Comedy Special: Bob Hope 1966
15 10:00 Morning Stretch 11:00 Sunday Saxophone with Severin 1:30 Trivia Showdown 2:15 Salute to Broadway: My Fair Lady 3:15 Beginner Resistance Bands Exercise	16 9:45 Mindful Meditation 10:00 Scrapbooking with Intern Amelia 10:15 History Fact or Fiction 10:30 Chaboom Chair Dance 10:45 John Clark Lecture on Irish Music 1:30 Beginner Weight Conditioning 2:15 Group NYT Crosswords	17 ST. PATRICKS DAY 9:30 Stretch and Strengthen 10:00 Psych Talks: Clues to Understanding your Brain 10:30 NYT Wordle 11:00 Nature Special: Secrets of the Deep 2:00 St. Paddy's Pub Games and Social 3:00 Irish Riverdance Performance Viewing	18 9:30 Gentle Yoga with Stacy 10:15 Celtic Music Appreciation 10:30 Sing FIT 11:00 Author Spotlight: Bronte Sisters 1:30 Google Arts & Culture: Geo Artwork Game 3:00 Community Prize Bingo	19 RAMADAN ends 9:30 Stretch and Strengthen 9:45 Scrapbooking Prep with Amelia 10:00 Travelogue: Discovering the Azores 11:00 New Resident Getting to Know You Group 11:30 Lunch Outing: McCarthys Irish Pub	20 SPRING EQUINOX 10:00 MET Exhibition Tour: Tiffany Art 10:30 Dance Movement with Ivy 10:45 Guided Positive Meditation 1:30 Forever Fit Balance 2:00 Cadbury Sing Along	21 10:00 Morning Stretch 10:30 Short Story Hour 1:05 Spring Training Red Sox v Braves Viewing 1:30 Current Events Discussion in Pub 1:30 BEI Brain Games Program



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<p>3:15 BEI Brain Games Program 4:00 Scattegories 6:30 Evening at the Theatre: My Fair Lady</p>	<p>4:00 Symphony Experience: André Rieu Dublin Symphony 6:30 Evening Film: Love Happens</p>	<p>6:30 Evening Film: The Recruit</p>	<p>4:30 Award Winning Short: The Neighbors' Window 6:30 PBS Passport: Liza A Truly Terrific Absolutely True Story</p>	<p>1:30 Shelly Harp Performance 2:30 Modern Jeopardy Challenge 3:00 Quiz & Sip Social 3:15 BEI Brain Games Program 3:30 Afternoon Poker 6:30 Evening Film: While You Were Sleeping</p>	<p>3:00 Boyd's PBS Doc: Lousia May Alcott 3:15 BEI Brain Games Program 6:30 Evening Film: Back in Action</p>	<p>3:00 Expressive Arts Project 6:30 Evening Film: The Gray Man</p>
<p>22 10:00 Morning Stretch 11:00 Jean M.'s Family Performance 1:30 Trivia Showdown 2:15 Fake or Fortune BBC Series 3:15 Beginner Resistance Bands Exercise 3:15 BEI Brain Games Program 4:00 Scattegories 6:30 Evening Film: Operation Mincemeat</p>	<p>23 9:45 Mindful Meditation 10:00 Scrapbooking with Intern Amelia 10:15 History Fact or Fiction 10:30 Chaboom Chair Dance 11:00 Lecture & Dialogue: Female Trailblazers 1:30 Beginner Weight Conditioning 2:15 Group NYT Crosswords 4:00 Symphony Experience: Bela Fleck and the Flecktones Montreal Jass Fest 6:30 Evening Film: Whale Rider</p>	<p>24 9:30 Stretch and Strengthen 10:00 Psych Talks: The Quest to Understand Consciousness 10:30 Anagram Challenge 11:00 Nature Special: Underwater Wildlife Kingdom 1:30 Resident Engagement Meeting with Rachel 2:15 Art Hour: Pastels & Still Life 3:30 Resident Social – March Birthdays 6:30 Evening Film: The Secret: Dare to Dream</p>	<p>25 9:30 Gentle Yoga with Stacy 10:15 Music Appreciation 10:30 Sing FIT 11:00 Resident Roundtable 2:00 Clyde Saxophone and Oboe Performance 3:00 Community Prize Bingo 4:30 Award Winning Short: The Unwinding 6:30 PBS Passport: Robert Shaw – Man of Many Voices</p>	<p>26 9:30 Stretch and Strengthen 9:45 Scrapbooking Prep with Amelia 10:00 Travelogue: Welcome to the Canary Islands 11:00 New Resident Getting to Know You Group 2:00 March Historic Events & Trivia 3:00 Quiz & Sip Social 3:15 BEI Brain Games Program 3:30 Afternoon Poker 6:30 Evening Film: For Your Consideration</p>	<p>27 9:30 Tai Chi with Rachel 10:00 Great Museums: Ellis Island Museum 10:45 Guided Positive Meditation 11:00 Porter Square Errands Outing 1:30 Forever Fit Balance 2:00 Cadbury Sing Along 3:00 Boyd's PBS Doc: So Many Galaxies So Little Time 3:15 BEI Brain Games Program 6:30 Evening Film: La Bamba</p>	<p>28 10:00 Morning Stretch 10:30 Poetry Session 1:30 Current Events Discussion 1:30 BEI Brain Games Program 3:00 Expressive Arts Project 6:30 Evening Film: The Last Station</p>
<p>29 10:00 Morning Stretch 11:00 Sunday Saxophone with Severin 1:30 Trivia Showdown 2:15 Fake or Fortune BBC Series 3:15 Beginner Resistance Bands Exercise 3:15 BEI Brain Games Program 4:00 Scattegories 6:30 Evening Film: Postcards from the Edge</p>	<p>30 9:45 Mindful Meditation 10:00 Scrapbooking with Intern Amelia 10:15 History Fact or Fiction 10:30 Chaboom Chair Dance 11:00 Lecture & Dialogue: Untold Stories of Women in Science 1:30 Forever Fit 2:15 Group NYT Crosswords 4:00 Symphony Experience: Beethoven & Berlioz 6:30 Evening Film: Ever After</p>	<p>31 9:30 Stretch and Strengthen 10:00 Psych Talks: What we Learn Before We're Born 10:30 NYT Wordle 11:00 Nature Special: Risky Ocean Odyssey 2:15 Art Hour: Spring-Stained Glass Art 3:30 Spring Charcuterie Social 6:30 Evening Film: A Fish Called Wanda</p>			<p>Happy Birthday!</p> <p>Sarah D. 3/5 Jane B 3/10 Ginny D. 3/24 Lee L. 3/27</p> 	<p>All programs are subject to change. Please see dailies for updates.</p> <p>Wellness Arts and Culture Physical Fitness Continued Learning Entertainers/Lectures Music</p>

Honoring Women's History and Irish Heritage All Month Long — Plus, Journey Through Portugal and Beyond!

