

SUN	MON	TUES	WED	THURS	FRI	SAT
	<p>1</p> <p>9:30 Morning Check in 10:00 Cranium Crunches 10:30 Twist and Tone exercise 11:15 Daily Chronicle Reading 1:00 Nature Series Netflix "Our Planet" 2:00 Piano Concert by Mark West 3:00 Board Games 4:00 m4d Radio 1940's 6:00 Musical Movie</p>	<p>2</p> <p>9:30 Morning Check In 10:00 Word In a Word 10:30 Twist and Turn 11:15 Daily Chronicle 1:00 Montessori Activity 2:00 Tuesday Tidbits 3:00 Classical Music & Zen Coloring 4:00 Tuesday Talks 6:00 Hollywood classics</p>	<p>3</p> <p>9:30 Morning Check In 10:00 Cranium Crunches 10:30 Sing Fit Movement 11:15 Daily Chronicle Reading 1:00 Creative Expression 2:30 Tunefoolery Musical Group 3:30 Short Story Group 4:00 Trivia & Tales 6:00 Action Movie</p>	<p>4</p> <p>9:30 Morning Check In 10:00 WORDLE 10:30 Balance & Fit Class 11:15 Daily Chronicle Reading 1:30 Joel and Dan Concert 2:00 Community Time 3:00 Afternoon Games 4:00 Lifelong Learners 6:00 Netflix Series "The Crown" 6:30 NEC String Quartet</p>	<p>5</p> <p>9:30 Morning Check In 10:00 Whiteboard Game 10:30 Dance Movement w/Ivy 11:15 Daily Chronicle Reading 1:00 Montessori Activity or Afternoon Games 2:30 Cadbury Singalong 3:00 Bananagrams 4:00 Mindfulness 6:00 Classic Show</p>	<p>6 D-Day</p> <p>9:30 Morning Check In 10:00 Word In A Word And Daily Chronicle Reading 10:30 Exercise CD 11:00 Outside Time 1:00 Easy Listening CD 1:30 Afternoon Spa And Nails 2:00 Creative Expression 3:00 Armchair Travel – Canada 4:00 Puzzles/Cards/ Games 6:00 Residents Choice</p>
<p>7</p> <p>10:00 Spiritual Time – Spiritual Elders 10:30 Morning Singalong 1:30 Walking Group 2:30 Youtube Concert 4:00 Puzzles/Cards/ Games 6:00 Netflix Series "The West Wing"</p>	<p>8</p> <p>9:30 Morning Check in 10:00 Cranium Crunches 10:30 Chaboom Dance & Movement 11:15 Daily Chronicle Reading 1:00 Nature Series Netflix "Our Planet" 2:00 Writing Group 3:00 Board Games 4:00 m4d Radio 1940's 6:00 Musical Movie</p>	<p>9</p> <p>9:30 Morning Check In 10:00 Word In a Word 10:30 Twist and Turn 11:15 Daily Chronicle 1:00 Montessori Activity 2:00 Tuesday Tidbits 3:00 Classical Music & Zen Coloring 4:00 Tuesday Talks 6:00 Hollywood classics</p>	<p>10</p> <p>9:30 Morning Check In 10:00 Cranium Crunches 10:30 Sing Fit Movement 11:15 Daily Chronicle Reading 1:00 Creative Expression 2:30 Tunefoolery Musical Group 3:30 Short Story Group 4:00 Trivia & Tales 6:00 Action Movie</p>	<p>11</p> <p>9:30 Morning Check In 10:00 WORDLE 10:30 Balance & Fit Class 11:15 Daily Chronicle Reading 1:30 Kathleen McDougald 2:00 Community Time 3:00 Afternoon Games 4:00 Lifelong Learners 6:00 Netflix Series "The Crown"</p>	<p>12</p> <p>9:30 Morning Check In 10:00 Whiteboard Game 10:30 Twist and Turn 11:15 Daily Chronicle Reading 1:00 Montessori Activity or Afternoon Games 2:30 Cadbury Singalong 3:00 Bananagrams 4:00 Mindfulness 6:00 Classic Show</p>	<p>13</p> <p>9:30 Morning Check In 10:00 Word In A Word And Daily Chronicle Reading 10:30 Exercise CD 11:00 Outside Time 1:00 Easy Listening CD 1:30 Afternoon Spa And Nails 2:00 Creative Expression 3:00 Armchair Travel – Canada 4:00 Puzzles/Cards/ Games 6:00 Residents Choice</p>
<p>14 Flag Day</p> <p>10:00 Spiritual Time – Spiritual Elders 10:30 Folk music with Paul and Pam 1:30 Walking Group 2:30 Youtube Concert 4:00 Puzzles/Cards/ Games 6:00 Netflix Series "The West Wing"</p>	<p>15</p> <p>9:30 Morning Check in 10:00 Cranium Crunches 10:30 Chaboom Dance & Movement 11:15 Daily Chronicle Reading 1:00 Nature Series Netflix "Our Planet" 2:00 Writing Group 3:00 Board Games 4:00 m4d Radio 1940's 6:00 Musical Movie</p>	<p>16</p> <p>9:30 Morning Stretch 9:30 Morning Check In 10:00 Word In a Word 10:30 Twist and Turn 10:45 Golden Moments Dog Therapy 1:00 Montessori Activity 2:00 Tuesday Tidbits 3:00 Classical Music & Zen Coloring 4:00 Tuesday Talks 6:00 Hollywood classics</p>	<p>17</p> <p>9:30 Morning Check In 10:00 Cranium Crunches 10:30 Sing Fit Movement 11:15 Daily Chronicle Reading 1:00 Creative Expression 2:30 Tunefoolery Musical Group 3:30 Short Story Group 4:00 Trivia & Tales 6:00 Action Movie</p>	<p>18</p> <p>9:30 Morning Check In 10:00 WORDLE 10:30 Balance & Fit Class 11:15 Daily Chronicle Reading 1:00 Music & Reminiscing 2:00 Community Time 3:00 Afternoon Games 4:00 Lifelong Learners 6:00 Netflix Series "The Crown"</p>	<p>19 Juneteenth</p> <p>9:30 Morning Check In 10:00 Whiteboard Game 10:30 Dance Movement w/Ivy 11:15 Daily Chronicle Reading 1:00 Montessori Activity or Afternoon Games 3:00 World Cup: USA vs Australia 3:00 bananagrams 4:00 Mindfulness 6:00 Classic Show</p>	<p>20</p> <p>9:30 Morning Check In 10:00 Word In A Word And Daily Chronicle Reading 10:30 Exercise CD 11:00 Outside Time 1:00 Easy Listening CD 1:30 Afternoon Spa And Nails 2:00 Creative Expression 3:00 Armchair Travel – Canada 4:00 Puzzles/Cards/ Games 6:00 Residents Choice</p>

Morningside Community Calendar

June 2026

SUN	MON	TUES	WED	THURS	FRI	SAT
<p>21 Fathers Day Summer Begins 10:00 Spiritual Time – Spiritual Elders 10:30 Morning Singalong 1:30 Walking Group 2:30 Youtube Concert 4:00 Puzzles/Cards/ Games 6:00 Netflix Series “The West Wing”</p>	<p>22 9:30 Morning Check in 10:00 Cranium Crunches 10:30 Chaboom Dance & Movement 11:15 Daily Chronicle Reading 1:00 Nature Series Netflix “Our Planet” 2:00 Writing Group 3:00 Board Games 4:00 m4d Radio 1940’s 6:00 Musical Movie</p>	<p>23 9:30 Morning Check In 10:00 Word In a Word 10:30 Twist and Turn 11:15 Daily Chronicle 1:00 Montessori Activity 2:00 Tuesday Tidbits 3:00 Classical Music & Zen Coloring 4:00 Tuesday Talks 6:00 Hollywood classics</p>	<p>24 9:30 Morning Check In 10:00 Cranium Crunches 10:30 Sing Fit Movement 11:15 Daily Chronicle Reading 1:00 Creative Expression 2:30 Tunefoolery Musical Group 3:30 Short Story Group 4:00 Trivia & Tales 6:00 Action Movie</p>	<p>25 9:30 Morning Check In 10:00 WORDLE 10:30 Balance & Fit Class 11:15 Daily Chronicle Reading 1:00 Music & Reminiscing 2:00 Community Time 3:00 Afternoon Games 4:00 Lifelong Learners 6:00 Netflix Series “The Crown”</p>	<p>26 9:30 Morning Check In 10:00 Whiteboard Game 10:30 Twist and Turn 11:15 Daily Chronicle Reading 1:00 Montessori Activity or Afternoon Games 2:30 Cadbury Singalong 3:00 Bananagrams 4:00 Mindfulness 6:00 Classic Show</p>	<p>27 9:30 Morning Check In 10:00 Word In A Word And Daily Chronicle Reading 10:30 Exercise CD 11:00 Outside Time 1:00 Easy Listening CD 1:30 Afternoon Spa And Nails 2:00 Creative Expression 3:00 Armchair Travel – Canada 4:00 Puzzles/Cards/ Games 6:00 Residents Choice</p>
<p>28 10:00 Spiritual Time – Spiritual Elders 10:30 Folk Music with Paul and Pam 1:30 Walking Group 2:30 Youtube Concert 4:00 Puzzles/Cards/ Games 6:00 Netflix Series “The West Wing”</p>	<p>29 Full “St’berry” Moon 9:30 Morning Check in 10:00 Cranium Crunches 10:30 Chaboom Dance & Movement 11:15 Daily Chronicle Reading 1:00 Nature Series Netflix “Our Planet” 2:00 Writing Group 3:00 Board Games 4:00 m4d Radio 1940’s 6:00 Musical Movie</p>	<p>30 9:30 Morning Check In 10:00 Word In a Word 10:30 Twist and Turn 11:15 Daily Chronicle 1:00 Montessori Activity 2:00 Tuesday Tidbits 3:00 Classical Music & Zen Coloring 4:00 Tuesday Talks 6:00 Hollywood classics</p>		<p><u>Mind & Spirit Support</u> <u>Creative Expression</u> <u>Physical Fitness</u> <u>Entertainer/Instructor</u> <u>Music</u> <u>Cooking & Social</u> <u>Brain Fitness/Montessori</u></p>	<p>Happy Birthday</p>  <p>Stan 06/16</p>	<p>Activities subject to change, please refer to the daily activity sheet.</p>